



AMANORA
SCHOOL



 **SCHOOL**
Connect **July 2025**
Grades VI to XII

From the Director's Desk

Wellness and Mindfulness

"In the stillness of the present moment, we find the strength to heal, the clarity to grow, and the peace to thrive."

In today's fast-paced world, where we are constantly juggling academic pressures, social expectations, and digital distractions, the importance of wellness and mindfulness has never been more urgent. Wellness is more than just staying physically fit or avoiding illness; it is a holistic state of well-being that includes emotional stability, mental clarity, and a sense of inner peace. Mindfulness, closely connected to wellness, is the art of being truly present—of experiencing each moment with awareness and without judgment. It teaches us to pause, breathe, and pay attention to what we often overlook: our thoughts, our feelings, and the world around us.

Practicing mindfulness empowers us to respond rather than react. It strengthens our focus, reduces anxiety, and fosters emotional resilience. Studies show that even a few moments of mindful breathing each day can lead to improved concentration, better sleep, and a more positive outlook. Incorporating wellness into our daily lives can be as simple as walking in nature without checking our phones, eating meals without rushing, reflecting on what we're grateful for at the end of the day, or simply being kind to ourselves when we fall short.

**- Ms. Meera Nair,
Director Principal**





Editorial Committee:

Ms. Hillary Maliakal - HOD English

Ms. Yagyiki Mishra - Literary Secretary

Ms. Aarna Shukla - Asst. Literary Secretary

Quote of the month

***“Wellness begins when
the mind finds stillness and
the heart learns awareness.”***



True well-being comes from calming the mind and
staying aware of the present moment.

Coordinator's Speak



"It is health that is real wealth and not pieces of gold and silver."

- Mahatma Gandhi

In today's fast-paced world, where even young children are swept into busy routines and screen time, wellness and mindfulness have become more important than ever. As educators and caregivers, it is our responsibility to nurture not just academic growth, but also our children's emotional and physical well-being.

Wellness is not merely the absence of illness but a balanced way of living. It includes healthy eating, adequate rest, physical movement, and feeling emotionally secure. In school, we strive to make these part of daily life through structured play, reflective moments, and conversations that help children become more aware of themselves and others.

Mindfulness, at its core, means being present. It helps learners improve focus, manage emotions, and develop self-awareness. Simple practices—like calming breaths after playtime, quiet reflection before lessons, or sharing circles—help students feel grounded and better equipped to navigate daily challenges.

Now that the academic year is well underway, it is a good time for all of us to reflect on the overall well-being of our children. Consistent routines, open conversations, and quality time at home go a long way in reinforcing the values nurtured at school.

Together, let us continue to build a nurturing environment where every child grows up feeling healthy, heard, and whole.

**- Ms. Swati Biswas,
Preprimary Coordinator**

Separators with Style and Skill

An engaging and vibrant CCA activity, *Separator Making*, was recently conducted at Amanora School for the students of Grade IX & X. Designed to encourage creativity, fine motor skills, and artistic expression, the activity saw enthusiastic participation from students who brought their imaginations to life with colourful and eye-catching designs.

The objective of the activity was to provide students with an opportunity to design and create their own separators for their student portfolios—combining practical utility with artistic flair. Students came well-prepared, bringing along materials such as coloured paper, chart paper, ribbons, glitter, markers, stickers, and various other craft supplies. They also explored the concept of upcycling by incorporating waste materials into their designs, promoting sustainability alongside creativity.

With great attention to detail and a strong sense of design, students crafted mesmerizing separators that reflected their individual styles and personalities. The classrooms buzzed with energy, laughter, and a shared sense of accomplishment as students proudly showcased their creations.

The activity proved to be both joyful and enriching, helping students understand the importance of organization in a fun and personalized way. It also nurtured essential values such as patience, precision, and self-expression—adding a delightful splash of colour to the learning journey at Amanora School.



Academic Activities

Echoes of the Past

While exploring “Ancient Wonders” during their Social Studies period, Grade VI students brought the Bhimbetka Cave Paintings to life in a creative and engaging activity. Students embarked on a journey through time, delving into the fascinating world of ancient cave art. Inspired by the iconic Bhimbetka rock shelters, they crafted stunning artworks that reflected the themes and styles of these prehistoric masterpieces. Using a variety of colours and techniques, students poured their creativity into replicating Bhimbetka-style paintings. From vivid depictions of hunting scenes to expressive animal motifs, each piece showcased their imagination and growing appreciation for ancient heritage. The enthusiasm and dedication displayed by the young learners were truly inspiring. Their artworks stand as a vibrant testament to the power of art and imagination in understanding our shared human history.



Exploring States of Matter Through Art

To explore the molecular arrangement and basic properties of solids, liquids, and gases, Grade VI students participated in a hands-on drawing activity. They creatively represented molecular arrangements of the three states of matter, highlighting their properties. Through this engaging activity, students gained a deeper understanding of how the arrangement of molecules influences the physical properties of solids, liquids, and gases. The task also strengthened their skills in observation, drawing, labelling, and scientific communication.



Academic Activities

Exploring Soil Properties through Hands-on Science

Hands-on activities are learning experiences that engage individuals in physical interaction with materials and concepts, promoting deeper understanding and skill development. They involve doing rather than just observing or listening, appealing to multiple senses, and fostering critical thinking. Students in Grade VII engaged in understanding the properties of soil using a yardstick kit during the Science period. They used the kit, which helped them to clear the concepts, how soil functions and interacts with its environment, affecting everything from plant growth to water filtration. They also learnt its physical, chemical, and biological attributes. Students were excited to perform the activity.



Angles In Action

Mathematics helps us understand the world and provides an effective way of building mental discipline. A Math Lab activity was conducted for the students of Grade VII to reinforce the concept of lines and angles during the Math period. Students marked the angles on a circular sheet of paper as 0° , 15° , 30° , and so on to make a complete angle. They then fixed a straw at 30° - 30° on the paper and the other straw with a pair of drawing pins such that it can rotate around, always making vertically opposite angles. The students observed that vertically opposite angles are equal. The activity enabled the learners to grasp the concept. The experience remains etched in the minds of the students, thus connecting them intimately to the world of Mathematics.



Shaping Sentences

English is a rich and dynamic language, and one of its key elements is understanding the



Academic Activities

kinds of sentences. To reinforce this fundamental grammar concept, an interactive activity was conducted for Grade VII students. During the activity, students used a flowchart to explore and organize the different kinds of sentences—declarative, interrogative, imperative, and exclamatory. They creatively demonstrated their understanding by framing examples on A4-size sheets. This hands-on approach not only made learning more engaging but also helped students identify, differentiate, and construct sentences with clarity and confidence. The activity proved to be an effective way to strengthen their grammatical skills and sentence formation abilities. The students thoroughly enjoyed the activity.

Dr. Homi Bhabha Balvaidnyanik Exam Participation

The Dr. Homi Bhabha Balvaidnyanik Examination, conducted by the Mumbai Science Teachers' Association (MSTA), is a prestigious assessment aimed at nurturing scientific aptitude and practical understanding among students of Grades VI & IX. Covering a broad spectrum of subjects such as Physics, Chemistry, Biology, Environmental Science, and General Science Application & Awareness, the exam encourages students to explore science beyond textbooks.

With a progressive level of difficulty, the examination challenges students to apply concepts analytically, promoting deeper understanding as they advance through the questions.

Students of Amanora School participated with great enthusiasm, showcasing their curiosity and scientific thinking. Their efforts were acknowledged with certificates of participation, motivating them to continue their journey in scientific exploration and innovation.



Academic Activities

Debating Democracy

Grade IX students of Amanora School actively participated in a Group Discussion activity on the topic “Best Form of Government” during their Social Science period.

The class was divided into two groups, each presenting the merits and demerits of Democratic and Non-Democratic forms of government. The groups conducted thorough research, collected relevant information and facts, and creatively presented their arguments. The discussion focused on key questions such as: Which form of government is more effective? Can a non-democratic government ensure the same level of accountability as a democratic one? How can democratic governments maintain a balance between efficiency, transparency, and accountability?

The activity not only deepened students’ understanding of Democratic Politics but also fostered teamwork, enhanced critical thinking, and improved their communication and presentation skills. It provided a valuable opportunity for learners to reflect on the importance of individual rights and the role of accountable governance in shaping a just society.



Dams and Debates

As part of their Geography lesson on Water Resources, Grade X students engaged in a comparative study of two major multi-purpose dam projects—one in Maharashtra (Godavari River) and the other in Odisha (Mahanadi River).

The activity involved analyzing key features such as the rivers they are built on, year of construction, and their main objectives—irrigation, hydroelectricity, and flood control. Students marked the dam locations on India’s map and explored the associated challenges like ecological impact, displacement, and maintenance.



Academic Activities

Using pictures, charts, and infographics, they presented their findings in creative ways that made the content more engaging and accessible. A reflective classroom discussion followed, where students debated the socio-environmental effects of such large-scale projects.

The hands-on experience deepened their understanding of water management while encouraging analytical thinking, visual learning, and awareness of sustainability.

Connecting Sectors Through Mind Maps

The activity on the “Interconnection between Economic Sectors” was a creative and effective way to engage Grade X students in understanding the complexities of the economy.

Through the use of mind maps, students were able to explore the relationships between the primary, secondary, and tertiary sectors, recognizing their interconnectedness and mutual dependence. The students had taken real life example of one product to relate the interconnectedness of the three sectors.

More importantly, the activity promoted critical thinking, encouraged active learning, and provided students with a deeper understanding of the world around them. As they continue their studies, these insights will undoubtedly shape their understanding of the economy and its various sectors in a more profound and meaningful way.

Eyesight Explained Creatively

A “Defects of Vision” activity was conducted for the students of Grade X, focusing on various vision-related issues. A PowerPoint presentation significantly enriched the learning process, offering visual clarity on the topic.



Academic Activities

The activity provided students with a platform to showcase their creativity and polish their public speaking skills. Working in groups, the students presented topics from the chapter "*The Human Eye and the Colourful World.*" Their enthusiasm, teamwork, and confidence made the session both engaging and inspiring. It was a delight to witness their collaborative spirit and growing competence.

Exploring Refraction through Hands - on Physics

Grade X students conducted a Physics experiment to study the refraction of light through a rectangular glass slab. Working in pairs, they measured the angles of incidence, refraction, and emergence, and observed the bending of light and lateral displacement.

Using simple lab tools—pins, glass slab, and protractor—they traced the path of light and drew ray diagrams. The experiment clearly showed how light changes direction when moving between different media.

This practical session not only deepened students' understanding of refraction but also strengthened their observational and teamwork skills.

Collaborate To Comprehend

A class activity was conducted for Grade XII Economics students where they worked in groups and presented important topics such as GDP and Welfare, how to Measure Depreciation, Precautions While Calculating National Income, and Nominal and Real GDP. Each group explained their topic clearly and used relevant examples, followed by a round of peer questioning to check the understanding of other groups. The activity aimed to develop a better understanding of



Academic Activities

economic concepts, encourage collaborative learning, improve communication and presentation skills, and promote critical thinking through peer interaction and discussion.

Events

Inside the RBI Exploring India's Financial Backbone

Grade XII Economics students visited the Reserve Bank of India, Pune, as part of their educational trip. The visit was an enriching experience where students learned about the functioning of the central bank, the role of RBI in regulating the economy, currency management, and monetary policy.

Shri Nagarjun Gowrishankar, Assistant General Manager and Member of Faculty (AGM & MoF), gave valuable insights into the key functions of the RBI. His informative session helped students understand how the central bank maintains financial stability and supports economic growth.

Students also had the opportunity to see rare currency notes and coins and gain a deeper understanding of how India's financial systems operate. It was an insightful and engaging experience that brought textbook concepts to life.



Spreading Smiles through Service

“We make a living by what we get, but we make a life by what we give.”

A group of students from grade IX, accompanied by three teachers, visited the Sasane Nagar slum colony. The students

Events

carried packets of snacks and fruits all of which had been donated by students and school management as a part of School's Social Community Service initiative.

Upon arrival, the group was warmly welcomed by local community members. The students interacted with children from the slum and distributed the food packets.

The students were deeply moved by the warm response of the community. Many students expressed a desire to contribute more frequently and actively to such causes. The event helped bridge the gap between different sections of society and promoted mutual understanding and compassion.

The visit was a valuable learning experience for the students, instilling in them the importance of kindness, sharing, and community service. It also highlighted the need for continued outreach programs and awareness efforts. Our school will definitely plan to conduct similar activities in the future also to encourage sustained student participation in social causes.



Young Kalam Championship Sparks Innovation

The Young Kalam Championship for Grade VII students at Amanora School celebrated innovation and curiosity through fascinating presentations on everyday inventions. After class-level voting rounds, selected students advanced to the School Championship Round, where they showcased engaging stories with confidence and clarity.

The event not only deepened students' understanding of science and innovation but also honed their communication and presentation skills. Parents were invited, adding to the enthusiastic and supportive environment. The competition was a great

Events

success, reflecting Amanora School's commitment to nurturing critical thinking and creativity.

The Young Gandhis Shine in World Politics Showdown

Grade IX students showcased their outstanding knowledge and oratory skills at the *Ryan School Championship: The Young Gandhi*. Ten talented participants from each section took the stage to present on the topic of World Politics, impressing both peers and parents with their confident and insightful presentations.

The event reflected the students' deep understanding of global issues and their ability to think critically and express ideas clearly. The audience was thoroughly engaged, and enthusiastic applause echoed throughout the event.

Parents beamed with pride as they witnessed their children's performances and praised the school for offering such enriching opportunities. As part of the event, both students and parents participated in voting for the best speaker. The winner will be announced soon, and excitement continues to build.

Young Visionaries Shine at Kalpana Championship

Amanora School, Pune, proudly hosted The Young Kalpana – All India Ryan Championship (School Level), where ten talented students showcased remarkable confidence, creativity, and critical thinking on stage.

Addressing an audience of Grade X peers and proud parents, each finalist delivered compelling presentations filled with innovative ideas. The event culminated in a



Events

voting round, where three outstanding participants were selected to represent the school at the State Level Championship.

Congratulations to all our young trailblazers for their inspiring efforts, and sincere thanks to the parents and teachers who supported this exciting journey.

LOGIQIDS Unlocking Young Minds

The Logiqids program, designed to enhance mental ability and logical reasoning, offers a unique concept with well-structured questions that match students' cognitive levels. As learners progress, the complexity increases, fostering deeper understanding. Students of Grade IX of Amanora School enthusiastically participated in the program, sharpening their critical thinking and problem-solving skills through this engaging platform.

Amanora School Honours Leadership and Academic Brilliance

Amanora School recently marked a landmark occasion with the Investiture Ceremony and Felicitation of Academic Excellence for Grades X & XII, held at The Ferns, Amanora Park Town.

The event was honoured by the presence of two distinguished guests—Colonel Amitava Kundu, renowned for his discipline and inspiring service, and Mr. J. K. Bhosale, Chief Operations Officer, City Corporation Limited.

The ceremony began on a traditional and respectful note with a warm welcome, followed by the school prayer, the Maharashtra State song, and the ceremonial lighting of the lamp, symbolising knowledge and positivity.



Events

One of the most significant moments was the official induction of the newly elected Student Council. The honourable guests, along with Director-Principal Ms. Meera, conferred leadership badges upon 35 newly appointed council members. Adishree Dubey and Aarya Kulkarni were appointed as Senior School Captain and Vice-Captain, while Prithviraj Nair and Adwik Dubey took charge as Junior School Captain and Vice-Captain.

The new leaders marched with pride, received their badges and the School Flag, and pledged their allegiance to the values of the school during the solemn oath-taking ceremony, led by Director-Principal Ms. Meera. The moment was beautifully highlighted by a stirring speech from Adishree Dubey, capturing the essence of responsibility and service.

The ceremony then transitioned into the Felicitation of Academic Excellence, recognising students of Grades X and XII for their remarkable performance in the CBSE board examinations. Awards were presented by Colonel Kundu and Mr. Bhosale, who commended the students for their dedication and resilience.

The event stood as a powerful tribute to leadership, learning, and legacy—a memorable milestone in Amanora School's journey of nurturing future-ready citizens.

Honouring Young Excellence

The ASE (Awards for Student Excellence) Ceremony for Grades V to IX was held at The Fern, Amanora - Pune. It was a vibrant celebration of hard work, talent, and dedication.

Students were recognised for their achievements in academics and co-curricular activities under categories like Star Achiever, Super Achiever, Super Scientist, Math Master,



Events

Sporty Soul, Astounding Artist, and Super Star.

A total of 481 students were felicitated, including 29 Super Achievers who scored 90% and above in all five core subjects—a remarkable milestone!

The event was graced by the Director-Principal and was filled with applause, pride, and joy as parents watched their children being honoured. The unwavering efforts of teachers were also acknowledged for shaping these young achievers.

The ASE Awards continue to inspire learners to reach for excellence and build a culture of appreciation within the school community.



Assemblies

Books Are Our Best Friends

Books have always been our faithful companions, unlocking the doors to knowledge, imagination, and new perspectives. The students of Grade VI conducted a thoughtful and enriching assembly on the theme "Books Are Our Best Friends", with a primary aim to instill in students a love for reading and to highlight the invaluable role books play in shaping our character, intellect, and emotional well-being. The assembly featured inspiring speeches and a lively story enactment, creatively emphasizing the importance of books in a student's life. The objective was to encourage students to develop the habit of reading regularly and to recognize books as reliable companions in both joyful and challenging times. The presentation not only showcased the students' talents but also left the audience with a renewed appreciation for the power of reading.



Failure is Success in Progress

Students of Grade VII conducted a thought-provoking and inspiring assembly centred around the theme "Failure is Success in Progress." The assembly aimed to help students understand that failure is not a sign of defeat, but a stepping stone on the path to success.

Throughout the assembly, key values such as resilience, perseverance, and the ability to learn from one's mistakes were emphasized. The highlight of the event was a well-enacted skit that compellingly illustrated how repeated failures should not discourage us. Instead, each setback was shown to be a valuable lesson, moving us one step closer to our goals.

The assembly served as a powerful reminder that with courage, determination,



Assemblies

and a positive mindset, failure can be transformed into a foundation for future success.

Importance of Good Habits

Good habits play a vital role in shaping a successful and respectable individual. They help us grow as responsible citizens and contribute positively to society. To highlight this, the students of Grade VII conducted a meaningful assembly on the theme "Importance of Good Habits". The presentation included a lively skit that showcased the contrast between students who follow good study habits and those who don't. Through the enactment, students demonstrated how regular studies, completing homework on time, and staying organized lead to better academic performance. The skit ended on a positive note, with the students pledging to improve their habits and strive for success. The assembly was presented with great zeal and enthusiasm, effectively conveying the message that small, consistent efforts can lead to big changes.



Youth Empowerment through AI & Digital Skills

Grade X students conducted a morning assembly on the theme "Youth Empowerment through AI & Digital Skills." The highlight was a powerful skit showing how students, once unfamiliar with digital tools, embraced AI with guidance and used it to enhance education, health, and social welfare.

The assembly included an inspiring quote, a short skit on the wise use of AI, and a motivational message from the Co-ordinator, urging students to embrace digital learning and upskill for the future. The session emphasized the importance of being creators and critical thinkers in the digital world.



Assemblies

Zero Waste Lifestyle - A Step towards Sustainability

Students of Grade X at Amanora School presented a morning assembly on “Zero Waste Lifestyle - A Step Towards Sustainability” to encourage mindful and eco-friendly living. The assembly began with the school prayer and pledge, followed by segments like the Word of the Day, Thought of the Day, and news updates. A skit highlighted the importance of the 3 R's—Reduce, Reuse, and Recycle—emphasizing how small individual actions can lead to meaningful environmental impact. The class teacher delivered an inspiring Teacher's Talk, and the coordinator motivated students to adopt sustainable habits in daily life.

The session concluded with the national anthem, reinforcing the message that sustainability begins with each of us, here and now.





As a teacher, I see every day how important it is for students to feel well both physically and emotionally. Wellness is not just about eating healthy or staying active—it's also about having a peaceful mind, enough sleep, and a positive attitude. When children take care of their bodies and minds, they are more focused, energetic, and ready to learn.

Mindfulness is a powerful tool that helps students stay calm and present. Simple practices like deep breathing, listening to calming music, or spending a few quiet moments each day can make a big difference. I often encourage my students to pause, reflect, and become aware of how they feel.

Wellness and mindfulness go hand in hand. Together, they help students build healthy habits, manage stress, and create a strong foundation for learning and personal growth. As educators, we must guide children to value and practice both daily.

**- Ms. Ashwini Nikalje,
Team Lead - Grade VIII**

Health, Safety and Child Protection (HSCP) Practices



Safe Touch and Unsafe Touch

Keeping children safe starts with awareness, and one of the most important lessons a child can learn is the difference between safe touch and unsafe touch. Safe touch helps children feel secure, cared for, and respected. It never feels threatening or confusing and always respects personal boundaries. Unsafe touch is any kind of touch that feels wrong, confusing, or frightening. It disrespects your personal boundaries and can cause emotional or physical harm. This concept empowers children to trust their instincts, set boundaries, and speak out when something doesn't feel right. Open conversations about safe and unsafe touch should start early and continue often. As a part of HSCP initiative, Health alert presentations / slides were shown to students of Grade IX & X to create awareness and the School's efforts of Creating an environment where children feel safe to speak up is the first step in protecting them from harm... Let's Build a Safer World for Our Children!



Smile Check 2025

As part of its commitment to student well-being, Amanora School conducted a dental check-up for Grade IX & X, in collaboration with Mootha Dental Clinic. A total of 585 students underwent thorough oral examinations focused on cavity detection, gum health, and hygiene.

The expert team also educated students on proper brushing, flossing, and dietary habits. Their warm and patient approach made the experience comfortable and informative. The initiative was well-received, promoting greater awareness of oral health among adolescents.



Health, Safety and Child Protection (HSCP) Practices



Fire Safety Drill 2025

Amanora School conducted a comprehensive Fire Safety Drill as part of its Health, Safety, and Child Protection initiative. A total of 3,539 individuals—including students, staff, visitors, security, and housekeeping personnel—participated in the drill, which was completed in 8 minutes and 45 seconds.

The objective was to train everyone in safe and swift evacuation procedures during fire emergencies. The drill involved alarm activation, orderly evacuation via designated routes, headcounts by teachers, and assembly at a safe zone. Post-drill discussions focused on enhancing readiness and identifying areas for improvement.

Amanora School remains committed to emergency preparedness through regular drills, fostering a culture of safety, awareness, and swift action.



Celebrating Doctors Inspiring Health

To mark Doctor's Day on 1st July, Amanora School organized an expert talk for Grade VII & VIII. Ms. Vinisha Chawla, a gold medalist in Physiology and Pathology, and Ms. Abhaya Satav, a third-year medical student, led the session.

They emphasized the importance of hygiene, outdoor play, and a balanced diet. A key highlight was the fun and educational “Sui-Man” handwashing demo.

The interactive session ended with a lively Q&A, encouraging students to adopt healthy habits for a better life.



Health, Safety and Child Protection (HSCP) Practices



POCSO Awareness Session for Teachers

Amanora School conducted an awareness session on the Protection of Children from Sexual Offences (POCSO) Act for all teaching staff. The session was organized with the objective of reinforcing the school's commitment to ensuring a safe and secure environment for every child.

Led by an experienced resource person, the session focused on key aspects of the POCSO Act, including definitions of abuse, mandatory reporting obligations, safeguarding protocols, and the legal responsibilities of educators. Teachers were guided on how to identify early signs of distress in students, respond appropriately, and follow the correct procedures in case of suspected or disclosed abuse.

Interactive discussions and real-life case studies helped clarify doubts and enhance understanding. The session also emphasized the importance of creating a child-friendly atmosphere and maintaining sensitivity while dealing with such issues.



Understanding Puberty: A Step Towards Growing Up

To support our students in navigating the changes of adolescence, an informative session on Puberty was conducted for the boys of Grade VII & VIII. The session aimed to create awareness about the physical, emotional, and psychological changes that occur during this important stage of growing up.

Led by Ms. Palak Modi, a qualified counselling psychologist, the session provided students with age-appropriate knowledge about body changes, personal hygiene, emotional regulation, and the importance of self-respect and respect for others. The discussion also encouraged students to ask questions and express their thoughts freely, helping to break myths and reduce the confusion often associated with puberty.

By addressing this sensitive yet essential topic in a safe and open environment, the session helped students feel more prepared, confident, and comfortable with the changes they are experiencing.

Health, Safety and Child Protection (HSCP) Practices



The school remains committed to supporting the overall well-being of its students through such timely and meaningful initiatives.



Strengthening School Transport Safety and Coordination

The recent Transport Committee Meeting, held at Amanora School, was a significant step toward ensuring safer and more efficient transport operations at the school. The meeting commenced with a warm welcome by the Administrator, Mr. Mukesh Satpute, followed by introductions and an overview of the agenda. The Transport Manager, Mr. Ramesh Kumar shared updates on the school's 29-bus fleet and the recent on boarding of a new GPS and CCTV provider to improve safety and efficiency. Ms. Meera Nair, the Director-Principal, emphasized the need to integrate traffic alerts, safety messages, and student feedback mechanisms, while the HSCP Coordinator, Ms. Seema Garg highlighted the importance of regular staff training and emergency drills, including a live demonstration conducted during the session. Mr. Vinayak Koparde, the Admin Head addressed the use of WhatsApp for coordination and expressed concerns about traffic congestion and road safety near the school.

The meeting also featured active participation from parents and authorities. Parents suggested enhanced safety measures, including functional emergency exits and mandatory police verification of drivers. Ms. Sheetal Patil from the RTO provided important guidelines on safety training, emergency response, and maintaining updated records. She also extended support with safety materials and awareness resources. Mr. Shivaji Mane from the traffic department conducted an audit of transport-related documentation and compliance.

The meeting concluded with clear action points to improve safety, communication, and accountability. All stakeholders agreed to work together to ensure a safer, more reliable transport system for the school community.



Health, Safety and Child Protection (HSCP) Practices



Trivia Questions:

1. Which philosopher is known for the quote "*I think, therefore I am*"?

Answer: René Descartes

2. Which economic theory argues that government spending can help an economy recover from recession?

Answer: Keynesian Economics

3. What is the SI unit of electric capacitance?

Answer: Farad (F)

4. Who was the first woman to win a Nobel Prize, and in which field?

Answer: Marie Curie, in Physics (1903)

5. Which ancient Indian text is considered one of the earliest works on statecraft, economic policy, and military strategy?

Answer: Arthashastra by Kautilya (Chanakya)





Achievements

Amanora Excels at TKH MUN

Fifteen students from Amanora School participated in the TKH MUN Conference held at The Knowledge Habitat School. The event provided a dynamic platform for students to engage with global issues and hone their public speaking and negotiation skills. Two students, Arya Mulik - Grade X and Aishwarya Swami - Grade X, served on the Executive Board as Vice Chairs of the FIA and Harry Potter committees, respectively. Amanora students impressed with their performances, with four students receiving accolades: Anika Khekale - Grade XII Science and Aaryan Sinkar - Grade X earned High Commendation in the JCC and DISEC committees, while Dnyanada Yewale - Grade X and Vanshika Khedekar - Grade X received Verbal Mentions in DISEC and FIA. The conference was a valuable learning experience in diplomacy, leadership, and global awareness.



Amanora Shines at DSK MUN

Two students from Amanora School made their mark at the DSK MUN Conference organized by the D. S. Kulkarni Education Trust. The event brought together students from diverse backgrounds to debate pressing global issues such as climate change, digital privacy, and refugee rights. Aishwarya Swami - Grade X earned a Special Mention in the UNW Committee, representing DPRK, while Ananya Saxena - Grade XII Commerce received a Verbal Mention in the C34 Committee, representing Iran. The conference served as a valuable platform to develop diplomacy, research, and public speaking skills.





Achievements

Business Pitch 2025

Amanora School proudly participated in Fuel to Fly 3.0 - The Lexicon Entrepreneurship Conclave 2025, themed "Innovative Solutions for a Sustainable, Safe, and Accessible Future."

Two teams represented the school: Urban. EZ (Aastha, Tanuja, Adishree, Mayank) and ParkEase (Shaurya, Rajveer, Ujjwal, Nichal), comprising students from Grades X to XII. Competing with 25 teams from across Pune, they presented business models aligned with the vision of Aatmanirbhar Bharat to promote youth entrepreneurship.

A panel of expert judges evaluated the pitches, and ParkEase stood out, securing a place among the top six finalists for their innovative and practical approach.

The event provided a powerful platform for experiential learning, helping students build confidence and explore career opportunities in entrepreneurship and business.





Achievements

SBI Scholar Quiz 2025

The SBI Scholar Quiz 2025 was held, at the Jawaharlal Nehru Memorial Hall, Camp, Pune, organized by the State Bank of India under its SBI Scholar Loan Scheme. The quiz aimed to promote financial literacy and focused on topics like banking, insurance, investments, finance, and their history.

Many schools across Pune and schools from nearby cities participated in this exciting knowledge battle. Representing our school were Shaurya Kumar, Aastha Mahajan, and Mridula Guduri from Grade XII Commerce Stream, and Shaurya Gandhi from Grade X. The teams performed exceptionally well in the preliminary round, earning a spot among the top 15 teams.

The quiz featured challenging rounds, including visuals and buzzer questions, engaging both participants and the audience. It was a truly enriching experience, reinforcing the importance of being financially literate in today's world.



Mindfulness is the practice of paying full attention to what you are doing in the moment. It means slowing down, noticing your thoughts and feelings, and not letting your mind race too far ahead. You can practice mindfulness by doing deep breathing, meditation, or simply focusing on your senses; what you see, hear, smell, or feel.

**- Viti Vaja,
Grade VI 'G'**





PARENT'S CORNER

As a parent, I've come to realize that teaching our children about wellness and mindfulness is just as important as helping them with homework or school projects. Wellness means caring for the body through healthy food, proper rest, physical activity, and also nurturing emotional well-being. A healthy child is more likely to be confident, focused, and happy.

Mindfulness has been a wonderful practice in our home. Encouraging my child to pause, take deep breaths, and notice their thoughts and feelings has helped them manage stress and stay calm in tough moments. Whether it's taking a walk together, having quiet time before bed, or simply talking about their day, mindfulness helps strengthen our bond.

As parents, we can guide our children to understand that taking care of their mind and body is a lifelong habit. With small, daily steps, we can help them grow into balanced and mindful individuals.

**- Mr. Ganesh Jadhav,
Parent of Aaradhya Jadhav - Grade VI 'G'**

Student's Artwork

Colours of Imagination

These beautiful artwork showcases the students' creativity, patience, and eye for detail. The vibrant colours and intricate designs reflect both skill and imagination, making it a true visual delight.



Shlok Shinde - Grade VIII 'J'



Hitanshi Mishra - Grade VIII 'J'

Hetvi Vachhani Grade VIII 'J'

Upcoming Events

- Independence Day
- Tirangaa 2025

