

CIR/11/2021-2022

Date: 20<sup>th</sup> May, 2021

Dear Parents

Greetings from Amanora School!

Adolescence is a period of life with specific health and developmental needs and rights. Parents and teachers have to play an important role to ensure all adolescents live, study, work and socialize in a supportive, healthy, and safe environment that protects their mental health and reduces their engagement in risk behaviours.

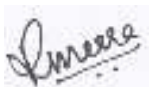
**FOGSI (Federation of Obstetrics & Gynaecological Societies of India)** is organizing an E-connect program for Parents and Teachers on Sunday, **23<sup>rd</sup> May 2021 from 9:00 am to 2:00 pm**. Through this webinar, Parents and Teachers will be able to learn about preventable physical, sexual, mental, and social problems in adolescents of today and how to prevent these adolescent health issues. The program will address the topic “**Active and Positive Role of Parents and Teachers in Preventable Adolescent Healthcare.**”

This program can be attended on FACEBOOK and YOUTUBE live through the link <http://tcelivestreaming.com/Spectra/230521/>

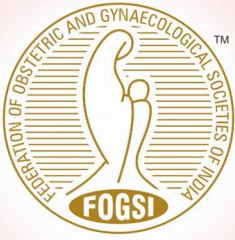
We strongly recommend all our Parents and Teachers to participate in this program so as to play the role of a well-informed and trusted guide at home and in school. For more details about this program, please refer to the attached annexure -**Invitation Circular of FOGSI.**

Stay Safe, Stay Healthy!!

Best regards  
For **Amanora School**



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Director



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## Humble Invitation

### **FOGSI's Preventable Adolescent Health Community E-Connect Program for Parents and Teacher 23rd May 2021**

Dear Parents, Teachers, Councilors, educationalist, media people, all NGOs and Doctors of all pathies.

We wish greetings from FOGSI(Federation of Obstetrics & Gynaecological Societies of India). We hope this mail finds you safe and well. We appreciate your support, inclusive actions and good work done to combat the COVID-19 Pandemic.It has disturbed the health and education of every adolescent as well. Parents and teachers are facing many questions regarding the adolescent issues.

FOGSI is committed to provide ethical women's healthcare services from adolescence, reproductive, menopause to geriatric age group. FOGSI endorses, advocates & supports reproductive health & rights of adolescents of our country.

We had a successful E-connect program for adolescent girls and boys on the occasion of International Youth Day on 10th August 2020, where 1,21,000 adolescents and their parents & teachers attended the program. We came up with a FAQ book with 400 questions asked by youths in the same program and their answers by experts in FOGSI. We are going to release the book and upload it on [www.fogsi.org](http://www.fogsi.org) for free download. In that program the adolescent girls and boys asked us to organize one such workshop for their parents and teachers.

So, we have planned **FOGSI's Preventable Adolescent Health Community E-Connect Program for Parents and Teacher on 23rd May 2021.**

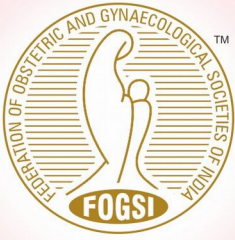
The idea behind this program is to talk with the parents and the teachers regarding the preventable physical, sexual, mental and social problems in adolescents of today. There will be active involvement and guidance from experts Gynaecologists, Psychiatrists, counsellors, teachers, parents, students, media person and many others as faculty.

Since adolescence and teenage is the most important age in shaping ideas and attitudes that will form the base of a healthy and happy adult. Adolescent health, especially preventive health and sex education can go a long way in keeping the nation clean and healthy. Through this conference, we aim that, every parent and teacher of our country should learn to prevent the preventable adolescent health issues.

## FEDERATION OF OBSTETRIC AND GYNAECOLOGICAL SOCIETIES OF INDIA

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**program is as follows—**

Date: **23rd May 2021(Sunday)** Time: **9 am to 2pm**

**INAUGURATION (35 min) (9.00am -9.35am)**

**Scientific Program (9.35 am - 2pm)**

**Active and Positive role of Parents and Teachers in Preventable Adolescent healthcare**

**Session: 1 Panel Discussion (9.40am-10.40am)**

**Effects of COVID -19 Pandemic (Including Online education)on Adolescents: 60 min**

(Panelists: 4 students and 4 parents)

**2) Session: 2 (10.40am-11.30am)**

**Talks by FOGSI experts (45 min)**

A. Decoding the conundrum: Sex Education (15 Min)

B. Balancing the Social media: Merits and Demerits (15 Min)

C. Easy Remedy for many problems: Life style modifications (15 Min)

**Session: 3 Panel Discussion (11.30am-12.30pm)**

'Role of Parents and Teachers in Physical Health of adolescents.

**Session: 4 Panel Discussion (12.30amp1.30pm)**

'Role of Parents and Teachers in Addiction and Mental Health of adolescents'

Panelists: 2FOGSI experts, Counselor, Psychiatrist, Social media influencer, Teacher, Parent

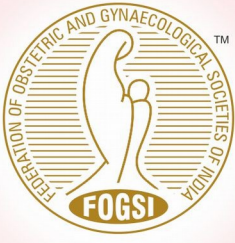
**Session: 5 (1.30pm-2.00pm)**

**Interaction and Remarks by Parents and Teachers**

We take an opportunity to request you to attend this program in large number and pass on this message to every friend and well wisher of yours. Please spread this invitation through WhatsApp Facebook or any other media to every one whom you know. This program can be attended on FACEBOOK and YOU TUBE live through the following link.

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**LINK OF THE PROGRAM**

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*Thanking you once again for your kind support always...*

With kindest regards,

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President, FOGSI  
Org. Chairperson

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Vice President, FOGSI  
Org. Vice Chairperson

Dr. Jaydeep Tank  
Secretary General, FOGSI  
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Dr. Girish Mane  
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