



AMANORA  
SCHOOL



 **SCHOOL**  
Connect **April & June 2025**  
Grades VI to XII

## From the Principal's Desk

### New Horizons and Journey of Responsibilities

***“Each new beginning is a promise — a chance to rise, reset, and redefine who we are. Let us chart our course with clarity and walk it with courage.”***

As we step into a new academic year, we embrace not just fresh beginnings but also renewed responsibilities. A new horizon awaits every learner, teacher, and leader in our school community — filled with the promise of growth, purpose, and progress.

Strategic planning is at the heart of this transformation. It is more than a formal exercise; it is a commitment to our shared vision. It is how we define the direction of our school and make purposeful decisions about where to invest our time, energy, and resources. Through this dynamic process, we ensure that every initiative aligns with our values and long-term objectives.

Goal setting is the first stride in this journey. Clear, realistic, and measurable goals act as guiding stars, shaping the paths of both individuals and the institution. Whether it's enhancing student engagement, strengthening academic outcomes, or nurturing leadership, each goal is grounded in reflection and driven by data.

As educators, we carry the responsibility of being torchbearers — inspiring our students not just to achieve excellence, but also to evolve as responsible global citizens. Our role is not

Let this academic year be one of purpose, partnership, and possibilities. Let us set goals that matter and achieve them together.

A dense, repeating pattern of various educational and creative icons. The icons are rendered in a simple, line-art style using blue and yellow colors on a white background. The icons include: books, musical instruments (guitar, drum, trumpet, trophy), sports equipment (basketball, soccer ball, tennis racket, paper airplane), scientific symbols (atom, DNA helix, microscope, beaker, lightbulb), and general educational items (pencil, paper, ruler, compass, globe, apple, paper airplane). The pattern is arranged in a grid-like fashion, with icons overlapping and repeating across the entire surface.



## **Editorial Committee:**

**Hillary Maliakal - HOD English**

**Yagyiki Mishra - Literary Secretary**

**Aarna Shukla - Asst. Literary Secretary**

## **Quote of the month**

***“A fresh chapter begins not when the page turns, but when you pick up the pen with purpose.”***



New beginnings are not just about change happening around you—but about actively taking charge. Whether it's setting goals or pursuing a new direction, it's your intention and effort that give the journey meaning. Just like writing a story, it all starts when you decide to shape it.

## Coordinator's Speak



The beginning of a new academic session is more than a change in calendar—it is the opening of new horizons and a renewed sense of purpose for every student. With fresh notebooks and untapped potential, this period marks a valuable opportunity for learners to set clear goals and embark on a journey filled with both challenges and growth.

Goal setting, at this stage, becomes essential. It encourages students to define their path, stay focused, and take responsibility for their learning. Whether aiming for academic improvement, skill development, or personal discipline, each goal should be guided by determination and effort.

This journey is not just about reaching milestones; it is about developing resilience, embracing responsibilities, and cultivating a mindset geared toward continuous improvement. The role of each student is vital in building a positive and collaborative school environment.

As the school moves forward together, this new beginning serves as a reminder that every day holds the promise of progress. With sincerity, hard work, and vision, students are well-equipped to transform these opportunities into meaningful achievements.

**- Ms. Neha Khan,  
Coordinator - Grade I & II**



## CCA Activities

### Bond Beyond Words

To honour the irreplaceable role of fathers, Amanora School organized a series of creative and meaningful activities across Grades VI to X on the occasion of Father's Day.

Grade VI students expressed their love through heartfelt lists titled *"Ten Things I Like About My Father"*, highlighting admirable qualities and proud moments. Grade VII explored poetry with touching and often humorous acrostic poems based on the word FATHER. In Grade VIII, students showcased their storytelling and artistic skills by designing comic strips that captured fun adventures and special memories with their dads.

Grade IX students took part in a bonding activity that gave them space to reflect on and express their appreciation for their fathers through personal reflections. Grade X celebrated the day by curating emotional collages filled with memorable photographs that symbolized love, laughter, and unspoken emotions shared with their fathers.

The school was filled with warmth, creativity, and joy as students honoured their fathers—celebrating not just a day, but a lifetime of guidance, love, and support.

### International English Language Day

Amanora School celebrated International English Language Day to honour the birth and death anniversary of William Shakespeare and to recognize the richness and global influence of the English language. The celebration spanned across multiple grades, each contributing in unique and meaningful ways. Grade VI students presented "Fun Facts on English," enhancing their research and presentation skills while learning about the



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language's vast vocabulary and global reach. Grade VII engaged in group presentations focused on Shakespeare's plays, exploring character analyses and themes that deepened their literary understanding. Grade VIII took part in an interactive quiz that tested their knowledge of grammar, vocabulary, and literature, making the learning experience fun and competitive.

Grades IX, X, and XII brought depth and theatrical flair to the celebration. The event opened with a presentation on Shakespeare's life, works, and legacy, followed by a poetic rendition of "The Seven Ages of Man" from 'As You Like It'. In the lively Character Walk, students portrayed iconic Shakespearean characters with expressive costumes and dialogues, guided by a narrator. A heartfelt recitation of Sonnet 14 showcased his poetic brilliance, while a concluding quiz tested the audience's attentiveness. Shakespearean Showcase Boards displayed memorable quotes, coined words, and literary insights, offering students a deeper appreciation of Shakespeare's contributions. The day was a rich celebration of language, literature, and creativity, reflecting the power of English to shape thought and imagination.





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### Number Line Collaboration

As part of a hands-on Math activity, Grade VI students worked in groups to reinforce number sequencing. Each student held a card with a unique large number and collaborated to arrange themselves in ascending order. The exercise encouraged critical thinking, peer discussion, and teamwork. A reflective discussion followed, where students shared their strategies and challenges, making it an engaging way to strengthen their understanding of number order while building communication skills.



### Exploring Grammar Creatively

Grade VI students deepened their understanding of Parts of Speech through an engaging and creative anchor chart activity. Each student designed a vibrant chart showcasing the eight essential parts of speech—Noun, Pronoun, Verb, Adjective, Adverb, Preposition, Conjunction, and Interjection. This hands-on exercise not only sparked their creativity but also reinforced grammatical concepts in a meaningful way. By identifying the function of each word in a sentence, learners gained clearer insight into how language works. As a foundational element in mastering any language, this activity empowered students to build stronger language skills with confidence and enthusiasm.



### Crafting the Cosmos

As part of the chapter '*The Solar System*', Grade VI students engaged in a creative Constellation Making Activity. They explored different constellations, including prominent zodiac ones, and discovered how ancient civilizations identified and named these star patterns. Using various craft materials,



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students designed their own constellation models, showcasing a blend of scientific understanding and artistic expression. The activity encouraged hands-on learning, imagination, and teamwork. Students enthusiastically presented their creations to their peers, reflecting a clear grasp of the concepts and sparking greater interest in astronomy.



## Science on a Plate

Diagram-making activities are crucial in science education as they enhance understanding, improve learning, and facilitate communication. They provide a visual representation of complex scientific concepts, making them more accessible and easier to grasp, especially for abstract ideas. Additionally, diagrams promote effective learning by encouraging visual thinking and memory retention. Grade VI students made a diagram of their favourite food item during their Science period. They also identified the plant and animal products used to make that food item/dish. This helped them to revise the concept and get a better understanding.



## Strong Hearts Strong Lives

Students of Grade VI created a poster on the topic - Healthy Heart where they represented their ideas for keeping our heart healthy. Poster making is a valuable activity in science education for school students, as it encourages critical thinking, visual communication, and knowledge retention. This activity helped students condense complex information, identify key concepts, and they presented it in a clear and visually appealing way, fostering both scientific understanding and communication skills. The process of creating a poster helped students process and internalize information, leading to better understanding and retention of key concepts.





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### Designing Democracy

Grade VII students explored the concept of democracy through the Civics chapter Democracy. To deepen their understanding, a 'Make Your Own Political Party' activity was conducted. In groups, students created imaginary political parties with unique names, symbols, and ideologies. They designed A4 sheets showcasing their party symbol and presented their election manifesto to the class. The activity sparked engaging discussions and turned the classroom into a mini constituency bustling with creativity. It enhanced exploration, collaboration, presentation, and speaking skills, making learning about democracy an enjoyable experience.



### Leaf Lab Discovery

The Science lab nurtures students' curiosity and helps them explore scientific concepts hands-on. A lab activity for Grade VII, linked to the chapter "Nutrition in Plants", was conducted during their Science period. The teacher demonstrated an experiment to test the presence of starch in a leaf, enhancing students' observation skills and understanding of photosynthesis. The activity sparked excitement and curiosity as learners actively engaged in discovering how iodine solution reveals starch in green plants.

### Distributive Property in Action

With the new session came the excitement of engaging in Math activities. Grade VII students participated in a group activity to verify the distributive property of multiplication over addition and subtraction of integers. Each group worked with a unique set of integers to compare the left-hand and right-hand sides of the equation. The activity encouraged teamwork, time management,



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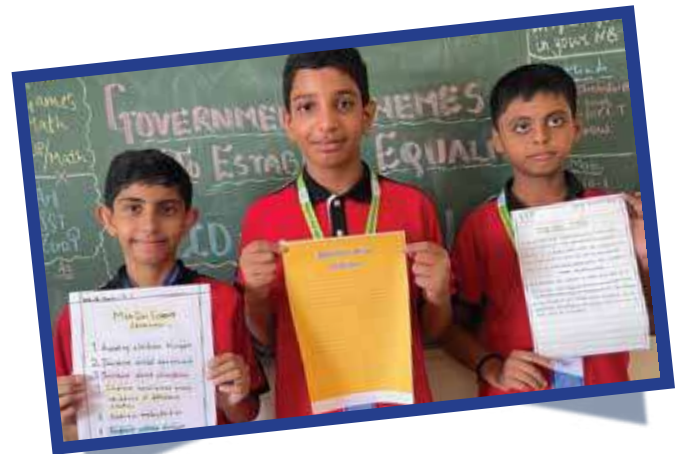
and skill development while helping students understand the concept thoroughly. Learners enjoyed the process and presented their findings enthusiastically.

### Voices Against Child Labour

Activities are an integral part of today's teaching and learning process. Exposure to various opportunities not only makes learning everlasting but also enjoyable. In the world of writing, a catchy slogan can make all the difference. A strong slogan has the power to leave a lasting impression on your audience. A slogan can help communicate your unique value proposition and attract your ideal. Students of Grade VII were intrigued by the slogan writing activity on the topic 'Bal Majduri Roko' during the Hindi period. Students enthusiastically participated in the activity. They created captivating, impactful slogans to stop child labour. Humongous zeal and excitement were seen among the learners.

### Democracy & Equality - Mid-Day Meal Scheme

Grade VII students explored the chapter "Democracy and Equality" and learned about the Mid-Day Meal Scheme through a creative activity. They presented their insights on A4 sheets, highlighting how the scheme improves nutrition, boosts attendance, promotes equality, and supports families. The activity fostered exploration, creativity, and presentation skills, making it an engaging way to understand democratic values and social welfare initiatives.





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### Creative Awareness - Say No to Plastics

Poster making encourages participants to think creatively and concisely. It challenges them to distill complex ideas into a few powerful words and pictures, improving their creative and communication skills. A poster-making activity was conducted for the students of Grade VIII during the Science period, emphasizing the harmful effects of Plastics and their solutions in reference to the chapter 'Synthetic Fibers and Plastics'. The activity aimed to create awareness among the general public and develop problem-solving skills. Students made creative posters and actively participated in the activity.



### Lighting Up Through Poetry

Poetry is literature that evokes a concentrated imaginative awareness of experience or a specific emotional response through language chosen and arranged for its meaning, sound, and rhythm. Students of Grade VIII were engaged in writing a poem during their Hindi period. Students created illuminating poems on the topic 'Jalao Diye'. Students used their creativity and imagination to elucidate the significance of light in our lives. The pride and happiness were evident among them as they shared their captivating work with their peers.



### Nature's Resources Illustrated

Students of Grade VIII were intrigued by making pictorial diagrams of the resources present in nature during their Social Studies period. The pictogram encapsulated the classification of fossil fuels, water, wind, sunlight, forests, animals, minerals, valuable metals, and tides. They illustrated the





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significance and features of these resources. The activity enabled an understanding of the characteristics of the resources in a bustling way, catering to visual, auditory, and spatial learners. Humongous zeal and excitement were witnessed among the learners.

### Mastering Modals with Mind Maps

Mind mapping allows students to be more effective learners as it helps them retain more information, understand concepts on a deeper level, and think critically. Moreover, mind maps for students' boost creativity, productivity, and memory. A mind map-making activity was conducted for the students of Grade VIII with reference to a grammar topic 'Modals' during their English Period. Students organized the data on examples of modals and their usage in a structured and systematic order. They encapsulated the information in a logical sequence. Students participated with a lot of zeal and enthusiasm.

### Drip Irrigation Model Making

Active learning, such as hands-on activities, has proven effective in teaching learning. Hands-on activities can be used to introduce new ideas or clarify puzzling topics with which students typically struggle. If the result of an experiment is surprising yet convincing, students are in a position to build ownership of the new idea and use it to scaffold learning. Students of Grade VIII engaged themselves in constructing a model of a drip irrigation system using a yardstick kit during the Science period. They used the kit to its fullest to understand the working principle of drip irrigation and its advantages in modern-day agriculture. This activity helped to strengthen the theoretical concepts and develop critical thinking skills within the learners.



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### Tackling Friction Together

Active learning, such as hands-on activities, has proven effective in teaching learning. Hands-on activities can be used to introduce new ideas or clarify puzzling topics with which students typically struggle. Students of Grade VIII engaged themselves in identifying the factors affecting friction using a yardstick kit during the Science period. They used the kit to its fullest to understand the methods to either maximise or minimise friction. This activity helped to strengthen the theoretical concepts and develop critical thinking skills within the learners.



### Hands-On Cell Exploration

Slide preparation of plant and animal cells equip the students with practical skills and deepen their understanding of cell structure and function. Students learn about cell types, observe cell components like nucleus and vacuole, and gain experience with microscopy techniques.

The students of grade IX got an opportunity to learn the procedure for making biology slides. The aim was to move beyond textbook definitions and provide a hands-on experience that allows students to visualize and understand the key differences and similarities between plant and animal cells, fostering a deeper understanding of cell biology. They enjoyed the whole slide preparation procedure and observed the excellent slides of onion peel and human cheek cells made by them.



### Spirals of Square Roots

Grade IX students enjoyed a creative and engaging activity by constructing The





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Square Root Spiral in their Math class. Also called the Spiral of Theodorus, this project beautifully merges geometry with number sense, allowing students to visually explore square roots in an artistic format. Starting from  $\sqrt{1}$  and extending beyond  $\sqrt{20}$ , each right triangle added a new segment to the growing spiral. This hands-on experience provided a unique way to deepen their understanding of irrational numbers and right-angled triangles, combining math and art seamlessly.

## Graphing Linear Equations Made Easy

Grade X students transformed abstract algebra into a visual experience by graphing pairs of linear equations. This interactive math lab activity helped them clearly grasp concepts of unique solutions, no solutions, and infinite solutions by connecting algebraic equations with their geometric representations. The hands-on approach made learning both fun and impactful!

## Electrolysis of Water

Grade X students engaged in a flipped classroom activity by independently studying the concept of electrolysis of water through provided materials. They then designed an eco-friendly working model to demonstrate the process, explaining the science behind electrolysis in their own words. This hands-on approach empowered students to take ownership of their learning, boosting engagement, motivation, and a deeper understanding of the topic through research and practical application.

## Honouring Dr. B. R. Ambedkar

Amanora School organized a GK Quiz for Grade X students to commemorate the





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birth anniversary of Dr. B. R. Ambedkar. The quiz focused on his remarkable achievements and contributions, testing students' knowledge about his life and legacy. This activity not only enriched students' understanding of Dr. Ambedkar's impact on Indian society but also inspired admiration for his tireless efforts toward social justice. By engaging with his vision and accomplishments, students developed a deeper respect for his role in shaping India's history and values.

## Stomata and Seeds

Grade X students had an enriching Biology lab session exploring stomata and seed germination through hands-on activities. They prepared slides of the leaf epidermis to observe stomata and understood the role of guard cells in gaseous exchange and water balance. In another experiment, they used the lime water test to observe carbon dioxide release during seed respiration. These practicals deepened their understanding of plant physiology, sparked curiosity, and made learning both engaging and memorable.

## Verifying the Pythagorean Identity

**Trigonometric Identity  $\sin^2 \theta + \cos^2 \theta = 1$**

Grade X students experimentally verified the trigonometric identity  $\sin^2 \theta + \cos^2 \theta = 1$  through an interactive activity. Using a unit circle, they plotted points corresponding to various angles and measured the x (cosine) and y (sine) coordinates. By applying the Pythagorean theorem to these coordinates, the students confirmed that for any angle  $\theta$  in a right-angled triangle, the identity holds true, so we have  $\sin^2 \theta + \cos^2 \theta = 1$ . This hands-on approach helped solidify their understanding of fundamental trigonometric relationships.



# Academic Activities

## Soil Science Spotlight

Grade X students participated enthusiastically in an interactive activity on “Soil as a Resource” to explore soil types and their significance. In groups, they presented on Alluvial, Black, Red and Yellow, Forest, Laterite, and Arid soils, highlighting their characteristics, formation, distribution, and agricultural uses through creative visual aids and role-plays. The activity enhanced conceptual understanding, communication, and teamwork while fostering an appreciation for soil conservation and sustainable management.

## Discussing Data and Decisions

Grade XI students from the Commerce and Humanities streams participated in an engaging group discussion exploring key concepts in economics. The session covered topics such as data collection methods, questionnaire construction, and the census vs. sampling approach, where students analysed the pros and cons of studying entire populations versus selected groups.

This interactive exchange fostered critical thinking, collaboration, and practical understanding of research strategies. It also equipped students with essential skills for navigating and analysing data—skills vital for success in the 21st century.

## Interactive Economics Learning

A chart-making activity was conducted for Grade XI Commerce and Humanities students to simplify complex economic concepts through visuals. Students created charts and gave group presentations on topics like definitions of economics, classification of economic activities, and economics as a science or art. The activity enhanced their





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understanding, analytical skills, teamwork, and communication while making learning more engaging and effective.

### Indian Economy on the Eve of Independence

Grade XII Economics students brought history alive through a role play on India's socio-economic challenges under British rule. Divided into two groups, they presented impactful performances that vividly highlighted the struggles of the pre-independence era. The activity deepened their understanding of historical and economic concepts while fostering creativity, teamwork, and presentation skills.



## Events

### World Earth Day

Amanora School celebrated Earth Day with great enthusiasm under the theme “Our Power, Our Planet”, promoting renewable energy and environmental action. Grade IX students designed creative posters on pollution, climate change, and biodiversity, while Grade IX and X presented a thought-provoking Nukkad Natak highlighting the impact of pollution and deforestation. The event fostered awareness, creativity, and eco-friendly habits, concluding with a pledge by students and teachers to protect the planet.



### Tree Plantation Drive at Anandvan on Environment Day

On World Environment Day, Amanora School students participated in a meaningful tree plantation drive at Anandvan Foundation, Pune, to promote environmental conservation





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and responsibility. Seventy-five Grade XI students, guided by their teachers, enthusiastically planted 35 saplings. The event began with a pledge led by Secondary Head Mistress Ms. Amrita Gangwal, followed by a briefing from Anandvan team members on native tree species and their ecological importance. This hands-on experience deepened students' understanding of environmental issues and inspired them to support green initiatives. The visit to Anandvan—a hub for reforestation and biodiversity—highlighted the power of collective action, making the day memorable and impactful.

## Teachers Run for a Greener Tomorrow

On 5th June, Amanora School marked World Environment Day with a powerful celebration focused on environmental awareness. This year's global theme, hosted by the Republic of Korea, emphasized combating plastic pollution. A highlight of the event was the spirited Mini-Marathon for Teachers, starting at the school and ending at Aspire Town, where faculty ran with placards bearing slogans like "Save the Environment" and "Say No to Plastic." The teachers later assembled in a tree formation—a symbol of growth and sustainability—followed by an environmental pledge led by Director Principal Ms. Meera. The event inspired the community and reinforced the school's commitment to nurturing eco-conscious citizens.

## Tree Plantation Drive

On the occasion of World Environment Day celebrated on 5th June, the enthusiastic students of Grades X and XII at Amanora School took an active role in a meaningful Tree Plantation Drive. With dedication and energy, they planted saplings across the school campus, gaining firsthand experience of nurturing the environment. Through this



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initiative, students deepened their understanding of the critical role trees play in maintaining ecological balance and combating climate change. The activity also fostered a strong sense of environmental responsibility and a lifelong commitment to sustainable living. It was a step toward building a greener and healthier planet, starting right from their own school grounds.

## A Momentous Milestone: Celebrating 15 Years of Excellence! (Event)

Our school proudly marked a significant milestone – 15 incredible years of nurturing young minds, fostering growth, and creating unforgettable memories. This achievement is a testament to our school's commitment to providing a supportive and inclusive environment that allows our students to thrive.

To commemorate this special occasion, our students poured their hearts out to express their love and appreciation for the school. They crafted heartfelt greetings, filled with warm wishes for the school's continued growth and success. Many students also shared their treasured memories of time spent within the school's walls, from laughter-filled moments with friends to achievements that sparked pride.

These thoughtful gestures served as a poignant reminder of the deep bond between our students and the school. It was a beautiful expression of gratitude, showcasing the impact that our school has had on their lives.

## The Joy of Reading

Our school celebrated National Reading Day with enthusiasm to honour P. N. Panicker, the father of Kerala's Library Movement. Teachers highlighted the importance of





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reading in shaping minds, enhancing vocabulary, and building knowledge. Special initiatives like silent reading hours and a “Drop Everything and Read” session created a quiet buzz across the school, inspiring students to develop a lifelong love for books. The celebration promoted literacy and reminded everyone that reading is a gateway to knowledge and imagination.

### Abhivyakti – A Voyage of Expressions

Amanora School, Pune, came alive with creativity and imagination during the third edition of its annual storytelling festival, *Abhivyakti* – A Voyage of Expressions. Aligned with the school's library initiative encouraging students to read 15 books a year, the event celebrated the transformative power of stories. Students from Grades I to VIII, along with participants from leading Pune schools including DPS Pune, The Lexicon International School, Kalyani School, and St. Arnold's—showcased expressive storytelling through voice modulation, movement, and drama. The festival was graced by Ms. Radhika Bagdai and Ms. Leena Kulkarni, who shared inspiring insights on storytelling's role in education. Concluding with a prize distribution, *Abhivyakti* was more than a competition—it nurtured confidence, empathy, and a love for reading, reinforcing Amanora School's commitment to fostering lifelong learners.

Through such meaningful initiatives, Amanora School continues to build a rich culture of reading, listening, and confident expression, encouraging students to discover the magic waiting within the pages of every book.





## Assemblies

### Welcome Assembly

The new academic year at Amanora School began with excitement and enthusiasm as students and teachers returned after the holidays. To mark this fresh start, a special welcome assembly was organized for Grades VI to VIII. The event began with a melodious song by the teachers, symbolizing new hopes and opportunities. A thoughtful skit on the importance of discipline and values inspired students to set goals and work towards them with focus and determination.

The lively performances and positive messages created an atmosphere of joy and motivation, encouraging students to embrace the year ahead with confidence and enthusiasm.

### A Warm Welcome to Grade XI

Amanora School warmly welcomed the incoming Grade XI students, marking the start of the 2025-26 academic session. The assembly began with a prayer and the school song, reflecting the school's core values. Ms. Amrita Gangwal, Head Mistress of the Secondary School, encouraged students to embrace new subjects, face challenges with courage, and uphold discipline as a key to success and growth. The assembly concluded with the National Anthem, inspiring students as they embarked on their new academic journey.

### Father of Indian Constitution - Dr. B. R. Ambedkar

Ambedkar Jayanti is celebrated every year on 14th April, marking the birth anniversary of Dr. Bhimrao Ramji Ambedkar, a visionary leader, social reformer, economist, jurist, and the principal architect of the Indian



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Constitution. This day is observed not only in India but also by followers and admirers of Dr. Ambedkar around the world. The students of Grade VI presented an assembly on the topic, Father of the Indian Constitution - Dr. B. R. Ambedkar. The students presented the inspiring journey of Dr. Ambedkar through a powerful and emotional skit. The class teacher's talk focused on conveying the life teachings of Dr. Ambedkar and the importance of education as a tool to break barriers and shine even when the odds are against you. The assembly witnessed humongous zeal and enthusiasm among the students.



## World Heritage Day

Students of VII presented an assembly to observe World Heritage Day, emphasizing the importance of protecting and preserving cultural and natural sites for future generations. The assembly aimed to raise awareness among students about the value of heritage and encourage them to participate in its preservation. Students presented informative speeches about the meaning of heritage, its importance, and the need for its preservation. The assembly successfully instilled a sense of responsibility and appreciation for cultural heritage among the students. Students participated in the assembly with great zeal and enthusiasm.

## Celebrating People Who Make Our Life Better

Grade VI students presented an inspiring assembly on "Celebrating People Who Make Our Lives Better." Through a thought-provoking skit, they highlighted the often-overlooked contributions of parents, teachers, school staff, healthcare workers, and friends, emphasizing the importance of gratitude and appreciation. The Class Teacher stressed three key points: recognizing others' contributions,





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expressing gratitude, and offering help whenever possible. The Middle School Coordinator further encouraged students to appreciate those who make a difference in their lives. The assembly concluded with a powerful reminder that even small acts of kindness and empathy can positively impact others.

### Dream Big: Setting goals and staying motivated

Grade VII students presented a thought-provoking assembly on “*Dream Big, Set Goals, and Stay Motivated*”, highlighting the importance of aspirations and consistent effort in achieving success. Through a skit on the inspiring journeys of Dr. A. P. J. Abdul Kalam, P. V. Sindhu, and Sachin Tendulkar, they showcased how determination and hard work can turn dreams into reality. The engaging presentation left the audience inspired to aim high and unlock their full potential, making it a truly motivating experience.

### World Earth Day

Earth Day, celebrated on 22nd April, raises awareness about environmental protection and the importance of conserving natural resources. To mark the occasion, Grade VIII students conducted an assembly on “World Earth Day” with active participation and enthusiasm.

The 2025 theme, “Our Power, Our Planet”, emphasizes the urgency of transitioning to renewable energy and the collective responsibility to combat climate change. This message was beautifully conveyed through a skit that addressed environmental threats and stressed the need to protect wildlife and their habitats for a healthier planet. The teacher encouraged students to be change makers and take responsibility for



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safeguarding the Earth, inspiring a sense of commitment to a sustainable future.

### Anti-Bullying Awareness

Bullying is a major issue in schools worldwide, affecting the well-being and academic performance of students. To promote awareness among our young learners, an assembly was conducted by the students of Grade VIII. Bullying has detrimental effects on students' health, well-being, and learning. It can make students feel lonely, unhappy, and frightened. This was magnificently elucidated through an enthralling skit which showcased how to recognize, respond to, and prevent bullying. The assembly focused on promoting a culture of empathy and happiness among students. The teacher further inspired students to be compassionate and contribute to creating a positive and respectful school culture.



### Earth Day

*"Our Power, Our Planet"* was the theme of the Grade IX assembly on Earth Day. Students highlighted the origins of Earth Day, first celebrated on 22nd April, 1970, as a global call to promote environmental education and inspire conservation efforts. The assembly began with the school prayer, thought of the day, pledge, and news update, followed by a lively dance performance encouraging environmental awareness and responsibility. The class teacher spoke on the importance of protecting our planet and emphasized students' roles in conservation. The coordinator further inspired students by sharing the true meaning of Earth Day.

The event concluded with prize distribution to students who excelled in Yoga and the Spell Bee Olympiad, making the day both meaningful and celebratory.





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### World Environment Day Celebration – Combating Plastic Pollution

On World Environment Day 2025, Grade IX held an assembly to raise awareness about plastic pollution and promote the 5Rs: refuse, reduce, reuse, recycle, and rethink. The program included a prayer, thought of the day, pledge, news, a vibrant dance, and a poem by the Hindi teacher on environmental responsibility. The coordinator emphasized sustainable practices and urged students to protect the planet. Later, students led a procession in Amanora Park Town to promote eco-friendly habits. The event inspired participants to pledge their commitment to safeguarding the environment.



### Jallianwala Bagh Massacre & Salt March

Grade X students conducted a thought-provoking assembly on two pivotal events of India's freedom struggle—the Jallianwala Bagh Massacre and the Salt March.

The session began with a solemn tribute to the innocent lives lost during the Jallianwala Bagh tragedy on 13th April 1919. A powerful *Nukkad Natak* depicted the brutality of the massacre and honored the sacrifices of countless freedom fighters.

This was followed by a narration, role play, and visual presentation on the Salt March of 1930, highlighting Gandhiji's 240-mile journey as a symbol of non-violent protest and civil disobedience against British rule.

The assembly concluded with a message on the enduring values of peace, unity, and non-violence that defined India's independence movement.



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### World Day to Combat Desertification and Drought

On 17th June, World Day to Combat Desertification and Drought, Grade IX presented an assembly on this year's theme, *"Restoring the land. Unlocking opportunities."* Students performed an engaging skit and delivered a speech on desertification's causes, effects, and prevention. The Head Mistress, Ms. Amrita Gangwal, and the class teacher shared insights on sustainable land management, inspiring students to protect the planet.

### Faster, Higher, Stronger – Together

Grade X conducted an assembly to celebrate International Olympic Day, a day that honours the birth of the modern Olympic Games and promotes the Olympic values of excellence, friendship, and respect. The assembly also featured a short but inspiring skit on Abhinav Bindra who is India's first and only individual Olympic gold medallist and the first Indian to win a World Championship gold, his victory was not just a personal triumph, it was a gift to his nation, a breaking down of a sporting barrier that had stood for a century which the students portrayed in an admirable manner.

Towards the end the coordinator addressed the students and left them inspired.







## नये क्षितिज और जिम्मेदारियों की यात्रा- लक्ष्य निर्धारण, नई शुरुआत

जिस तरह दिशाहीन जहाज कभी अपनी मंजिल तक नहीं पहुंचता, उसी तरह लक्ष्यहीन लोग जीवन में सफलता प्राप्त नहीं कर पाते। लक्ष्य ही सफलता के लिए दिशा और दृष्टि निर्धारित करते हैं। लक्ष्य निर्धारित करना सफलता की ओर यात्रा की शुरुआत है। सभी महान व्यक्तित्वों के जीवन में लक्ष्य था। उन्होंने लक्ष्य निर्धारित किया और फिर बिना किसी भटकाव के उसे प्राप्त करने के लिए कड़ी मेहनत की। लेकिन लक्ष्य स्पष्ट और यथार्थवादी होने चाहिए।

अलेक्जेंडर के पास एक वैश्विक साम्राज्य बनाने का बहुत मजबूत और स्पष्ट लक्ष्य था। नेताजी सुभाष चंद्र बोस ने भारत को स्वतंत्र करने का स्पष्ट लक्ष्य निर्धारित किया और दिल्ली तक मार्च करने को कहा। डॉ. जी. माधवी लता ने चिनाब पर सबसे सुरक्षित और सुंदर पुल बनाने का लक्ष्य रखा। इसरो ने मंगल तक पहुंचने का लक्ष्य निर्धारित किया।

इसलिए हमें अपने जीवन में जो हासिल करना है उसे पाने के लिए लक्ष्य निर्धारित करना चाहिए। लेकिन लक्ष्य निर्धारित करना तब तक पर्याप्त नहीं है जब तक हम उस लक्ष्य को प्राप्त करने के लिए कड़ी मेहनत नहीं करते। यदि लक्ष्य स्पष्ट हों तो उस पर काम करना आसान हो जाता है। इसलिए, लक्ष्य निर्धारित करना सफलता की ओर यात्रा की शुरुआत है। प्रयासों में असफलताएं हो सकती हैं, लेकिन यदि लक्ष्य स्पष्ट और यथार्थवादी है तो वह हमें प्रेरित और मार्गदर्शन करता रहेगा। लक्ष्य प्राप्ति के लिए हमें अपने मार्ग में आने वाली परेशानियों और बाधाओं से नहीं डरना चाहिए। लेकिन हमारे लक्ष्य दृढ़ होने चाहिए। शेर को अपना शिकार तब मिलता है जब वह किसी एक शिकार को चुनता है और उसका पीछा करता है, न कि तब जब वह लक्ष्यहीन होकर भटकता है।

इसलिए, अगर आप सफलता पाना चाहते हैं तो स्पष्ट, यथार्थवादी और केंद्रित लक्ष्य निर्धारित करें। उसके बाद, उन लक्ष्यों के लिए काम करें। लक्ष्य हमेशा आपको प्रेरित करेंगे।

- Ms. Anugya Mishra,  
Hindi Teacher

# Health, Safety and Child Protection (HSCP) Practices



## Prioritizing Mental Well-Being

“Mental health is a state of well-being.” With this thought, our school hosted Dr. Jaee Adawarkar, a distinguished Clinical Psychologist, for a session with Grades X and XII on understanding mental health. Dr. Adawarkar discussed stress, anxiety, and depression, sharing effective coping strategies. She emphasized self-care through adequate sleep, healthy eating, physical activity, and pursuing passions. The session also explored social media’s impact on teens and included relaxation techniques for a calmer mind. Her insights inspired students to prioritize well-being, encourage open conversations, and help break the stigma around mental health.



## Anti-Bullying & Prevention of Bullying among Students

Amanora School organized an insightful Anti-Bullying session for students of Grade VII and VIII. The session aimed to raise awareness about bullying and promote a culture of kindness, empathy, and mutual respect within the school community. The session was conducted by Ms. Poorva Kapoor, an experienced educator and psychological counsellor specializing in early childhood development.

The session emphasized the importance of identifying, preventing, and effectively responding to bullying behaviour. Through interactive discussions and engaging activities, students were encouraged to share their thoughts, ask questions, and reflect on their role in creating a safe, inclusive environment. The session equipped them with practical strategies to address bullying and reinforced the values of empathy and respect in everyday interactions.





# Health, Safety and Child Protection (HSCP) Practices



## Menstrual Hygiene Session

Dr. Madhu Juneja conducted an interactive session on menstrual hygiene for Grade VI girls. She explained puberty changes—growth spurts, breast development, hair growth, and body odour—as natural signs of growing up. Emphasizing healthy habits like nutritious eating, exercise, and cleanliness, she introduced menstruation as a normal monthly cycle. Dr. Juneja addressed misconceptions, encouraged questions, and shared practical tips on menstrual hygiene, empowering students with confidence and accurate knowledge.



## Little Minds, Big Feelings

Even young children can feel anxious, though they may not always have the words to explain it. Childhood anxiety doesn't always look like fear—it can show up as mood swings, tummy aches, sleep troubles, or a sudden disinterest in school or play. As part of the HSCP, a health awareness session was conducted for Grade X where a few slides were shown to offer them crucial support. As parents, teachers, or caregivers, the most powerful thing we can do is listen. Create a safe, patient space where kids feel heard and supported. Let them open up in their own time, without judgment. Avoid brushing off their feelings with phrases like "It's not a big deal." With kindness and understanding, we can help little minds manage big feelings.



# Health, Safety and Child Protection (HSCP) Practices



## HSCP and Corporal Punishment Training

The HSCP training session held for teachers was a highly enriching and well-organized experience for all participants. Ms. Seema Garg explained each and every aspect of the program with great clarity, making even complex points easy to understand. The session was not only informative but also interactive, allowing teachers to ask questions and get their doubts resolved in real-time.

All the key processes and procedures were thoroughly discussed, providing a clear roadmap for implementation. This training is expected to significantly ease the workload and bring more efficiency to the daily functioning of the school. With better understanding and practical insights, teachers are now better equipped to manage and carry out their responsibilities more smoothly. Overall, it was a very helpful session that will positively impact the day-to-day operations in the school environment.



## Enhancing Student Well-Being Through Transport Staff Training

Amanora School prioritizes the safety and well-being of its students and staff within the school premises. In line with this commitment, a training session was conducted by the school nurses and the HSCP Coordinator. During this session, transport staff members were guided and trained to identify medical needs and administer basic first aid as an immediate response. Additionally, for cases requiring further medical attention, drivers were equipped to provide necessary care on the school bus, following guidelines shared by parents and supported by written consent when required.





# Health, Safety and Child Protection (HSCP) Practices



## Trivia Questions:

**1. Which country has more volcanoes than any other in the world?**

Answer: A) Indonesia

**2. Where can you find a natural phenomenon called “Fire Rainbows” caused by sunlight hitting ice crystals in the clouds at just the right angle?**

Answer: B) United States

**3. Which country holds the world record for the most books published per capita?**

Answer: B) Iceland

**4. Which European country is home to a chocolate spa, where you can bathe in actual chocolate?**

Answer: C) Hungary

**5. In which country do traffic lights have a heart-shaped red light in some places as a symbol of love and peace?**

Answer: B) Taiwan





## Achievements

### Amanora School Shines Again in CBSE Board Results (2024-25)

We are delighted to announce 100% pass results for both Grade X and XII, upholding Amanora School's proud tradition of academic excellence and dedication to holistic education.

#### Grade X Achievements:

A total of 297 students appeared for the CBSE Grade X examinations this year, and their stellar performance speaks volumes about their hard work and the support of our dedicated faculty and parents.

#### Top Performers:

- Ritika Gupta – 98.4%
- Sakshi Modi – 98.2%
- Saatvik Singhal & Swara Yeola – 98%

An impressive 132 students scored above 90% overall, reflecting our strong academic foundation.

#### Subject-Wise Excellence:

- **English:** 16 centums, 237 students scored above 90%
- **Hindi:** 89 students above 90%
- **Mathematics:** 5 centums, 112 students above 90%
- **Science:** 86 students above 90%
- **Social Science:** 144 students above 90%
- **Information Technology (IT):** 16 centums, 192 students above 90%

#### Grade XII Achievements:

With 95 students appearing this year, Amanora School celebrates its third consecutive year of 100% results in Grade XII.

#### Stream-Wise Toppers:

##### Science Stream

- Atishay Jain – 97.2%
- Relisha Jain – 96.6%
- Tanishq Gangwani – 96.2%
- Tanmay Gangwani – 96%





## Achievements

### Commerce Stream

- Prisha Kumar – 96.4%
- Shuvam Chakrabarty – 91.2%

### Humanities Stream

- Sukhmanjot Kaur – 93.6%
- Saanvvii Narula – 93%
- Aditi Ajay – 93%
- Ishita Kale – 91.6%

Heartfelt congratulations to all our students, teachers, and parents for these outstanding achievements. Your dedication, perseverance, and teamwork have once again made the Amanora School community proud.

## Amanora Students Shine at EIS Sports Summit 2025

ELPRO International School, in collaboration with Skill Sphere Education, organized the EIS Sports Summit 2025 to introduce innovative sports-oriented committees and provide a platform for students to discuss key issues in the global sports community. Amanora School proudly had nine participants who contributed actively to the summit's dynamic sessions. Four students took on prestigious leadership roles:

Arya Mulik (Grade X) as Vice-Chairperson of the Women in Sports committee, Aishwarya Swami (Grade X) as Vice-Chairperson of the Formula 1 committee, and Aastha Mahajan (Grade XII) and Ananya Saxena (Grade XII) as Vice-Chairperson and Chairperson of the Indian Sports Conference respectively.

The summit was highly rewarding, with three Amanora students receiving accolades for their outstanding contributions. Prisha Deshpande (Grade IX), representing Katie Ledecky in the Women in Sports committee, received a Special Mention award. Shanay Deulgaonkar (Class VIII) and Janhavi Suryawanshi (Grade VIII) were both honoured with Verbal Mention awards for their participation in the International Sports and Women in Sports committees.

These achievements reflect Amanora School's commitment to fostering leadership, critical thinking, and global awareness among students. The EIS Sports Summit 2025 was an enriching experience, allowing students to showcase their talents and engage in meaningful discussions shaping the future of sports.



## Achievements



## Amanora Students Excel at AIT MUN 2025

The Army Institute of Technology (AIT), Pune, under the aegis of the Army Welfare Education Society (AWES), hosted the AIT Model United Nations (MUN) to promote socio-political awareness among students. The conference engaged participants in dynamic debates on global issues within a secure and supportive environment, offering valuable real-world experience in international diplomacy. Students honed essential skills like leadership, critical thinking, public speaking, and negotiation through drafting resolutions, defending positions, and debating policies.

Amanora School was proudly represented by six enthusiastic delegates, four of whom received prestigious accolades for their outstanding performance. Aastha Mahajan (Grade XII - Commerce), from the IP committee, was awarded Best Journalist. Ananya Saxena (Grade XII - Commerce), representing UHRC: Sudan, and Ameya Kekre (Grade X), representing UNSC: Iraq, both earned Verbal Mentions. Aksh Sinha (Grade X), also from the IP committee, was honoured with a *High Commendation*.

These achievements reflect Amanora School's dedication to nurturing confident, globally aware young leaders.







## Achievements

### Gizmos India STEM Competition

We are thrilled to announce that our Grade VIII students Advait Satavalekar, Anavi Bharadiya, Ansh Agarwal, and Yash Karia (AY 2024-25) have won the Gold Medal (1st place) in Category 2 (Middle School) at the National Level of the Gizmos India STEM Competition 2024-25. This exceptional team of young innovators will proudly represent India at the Global Level in May 2025. We congratulate them on this outstanding achievement and eagerly anticipate their continued success throughout the competition and beyond.



Each year begins like a new chapter in a book we're writing ourselves. We might not know how the chapter ends, but we do get to decide how it begins. Starting something new is exciting, even if it feels a little uncertain. But it's also an opportunity to try again, to do better, and to set goals that matter to us. Whether it's improving our studies, building better habits, or becoming more responsible—setting goals is where it all begins. Like seeds planted in fresh soil, the choices we make now will shape our future.

Once the excitement of new beginnings settles, the real work begins. And this, often, is the tricky part. We must decide what we want and how we can work toward it. When we set clear goals, it's easier to stay motivated, even when things get tough. But goals require more than just wishing—they need commitment and responsibility. Taking responsibility for our goals is what turns them from ideas into achievements. Big goals can feel overwhelming, but they all begin the same way—with a single step forward. Just like Lao Tzu said, “The journey of a thousand miles begins with a single step.” We don't have to be perfect—we just have to take that step and keep moving forward with intention.

**- Arya Jadhav,  
Grade X 'I'**







## PARENT'S CORNER

### **New Horizons and Journey - Goal settings. New Beginning**

It feels like we just got your admission to the school yesterday, see how the time flies. Soon, you are going to be appearing in your Grade X Board exams. To both of us, it feels simultaneously exciting and scary. Now, a new horizon is open for you, and the world is changing extremely fast. For the first time, the path is truly yours, and you are expected to give your journey the spiritual significance of Polaris star. You have to set your goals and these goals are the promises you make to the person inside with a hope to become in the future. F.M. Alexander, a noted actor and teacher, once said—" People do not decide their future; they decide their habits, and their habits decide their future."

Setting a goal is very important as it sets you in pursuit of a worthy objective, which keeps you focused and courageous until it is accomplished. By setting and achieving your goals, you can measure your life's progress and create a sense of success for the person in you. There are going to be hurdles and obstacles to overcome, but remember, these are worthy commitments to chase to attain big rewards in life. Your goal must be essential yet challenging, exciting, specific, measurable, and aligned with your life values. It should be like a goal-setting program in which you decide on the goal, identify requirements, and check



## PARENT'S CORNER

progress to remain on track for your purpose. One success mantra for staying on track is to tell your dear ones about your goal to make you accountable for this goal.

This is not going to be easy but essential if you want a life full of outstanding accomplishments. Just learn from mistakes and try again. The new horizon is not just in front of you but rather inside you. When you can see your goal and believe in yourself—you will achieve “YOUR GOAL”.

**- Ms. Priyanka Srivastava,**

**Parent of Vritika Srivastava - Grade X 'I'**

## Upcoming Events

- Investiture Ceremony
- ASE Awards

