

Gratitude and Giving

"Gratitude turns what we have into enough, and more."

Gratitude and giving are two sides of the same coin, embodying the essence of compassion and selflessness. In our fast-paced world, where expectations often overshadow appreciation, it is vital to pause and recognize the blessings in our lives—big and small. Gratitude is not merely a polite "thank you"; it is a profound acknowledgment of the goodness around us and the people who enrich our lives. It transforms ordinary moments into extraordinary ones and shifts our perspective from scarcity to abundance.

Giving, on the other hand, is gratitude in action. It is a powerful way to connect, empathize, and contribute positively to the world. Studies reveal that giving enhances happiness, reduces stress, and strengthens relationships. Whether it is helping a friend, sharing resources, or simply offering a kind word, giving reflects our humanity and creates ripples of positivity.

True gratitude extends beyond grand gestures to the overlooked joys—a hearty laugh with a friend, the warmth of the sun, or the kindness of a stranger. Recognizing these small blessings helps us cultivate a mindset of appreciation and fosters resilience, hope, and satisfaction.

By practicing gratitude and giving, we cultivate a mindset of hope, contentment, and purpose. Let us nurture these values in and around our community, building a culture of appreciation and generosity.

As responsible humans, let us commit to embedding these values in our daily lives. Together, we can build a culture of gratitude and generosity, where every act of giving and every expression of thanks strengthens our bonds and inspires us to grow as individuals and as a community.

Let us strive to be grateful for what we have and generous in sharing it, for in doing so, we not only enrich the lives of others but also discover the true meaning of fulfillment.

Ms. Meera Nair,
 Director-Principal



Editorial Team

Ms. Madulikka Sharma (Academic Excellence Officer)

Ms. Hillary Maliakal (HOD - English)

Ms. Megha Latey (Literary Secretary)

Ms. Yagyiki Mishra (Asst. Literary Secretary)

Quote of the month

"Gratitude turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity."

- Melody Beattie

Gratitude shifts our mindset, helping us find contentment and positivity even in challenging situations, transforming how we perceive life's experiences.

Article from Coordinator



Gratitude and Giving

"Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least we didn't die; so, let us all be thankful."

- Buddha

Gratitude is a powerful lens through which we can view our experiences, transforming even the smallest moments into opportunities for growth. The essence of the Buddha's words encourages us to recognize that every day, regardless of its challenges, offers something to be thankful for. Learning, whether substantial or minimal, enriches our lives and fosters resilience.

When we look back on our daily experiences, we often miss the importance of small lessons. Each little insight adds to our understanding and shapes our perspective, helping us navigate life with greater wisdom. In challenging times, gratitude acts as a stabilizing force, reminding us that simply surviving is a victory. Even on difficult days, recognizing our health and well-being fosters a mind-set that embraces positivity. By focusing on these aspects, we empower ourselves to find strength and bounce back in every situation.

Ultimately, this attitude of gratitude fosters a deeper appreciation for life's journey. By focusing on what we have gained—be it knowledge, health, or simply the gift of another day—we open ourselves to growth and joy. In this way, gratitude becomes not just an emotion but a transformative practice, empowering us to find meaning and strength in every experience.

Ms. Tanya Chawla,
 Middle School Coordinator

CCA Activities



Building Safety Awareness Together

Amanora School has been creating a secure physical environment for its students through controlled access and surveillance. **Implementing** comprehensive emergency preparedness plans with regular drills. Fostering a positive and inclusive school culture to prevent bullying and violence. Providing mental health support and resources are a few of the measures taken to provide a safe learning environment for the students. In addition to this, a collage-making activity was conducted to create awareness of the safety precautions to be followed in a school as a part of CCA for the students of Grades VI, VII and VIII. Students created captivating collages illustrating the safety measures they should follow. The activity reinforced the safety tips within young learners. Students participated with great zeal and enthusiasm.

Celebrating Constitutional Values

The Indian Constitution, adopted on 26th November 1949, stands as a testament to our nation's unwavering commitment to democracy and inclusive progress. It lays the foundation for a just and equitable society by ensuring that every individual, regardless of their background, enjoys equality before the law. The pillars of justice, liberty, equality, and fraternity are not mere words but a promise to uphold the dignity of every citizen, fostering harmony and brotherhood across the nation. As we strive for progress, the Constitution serves as a guiding light, inspiring us to build a future rooted in fairness and inclusivity.

As part of a CCA Activity, the Grade IX students recently participated in a vibrant Constitution Day Celebration, honoring the monumental legacy of the Indian Constitution.

The event featured two engaging activities: Pamphlet





Making and Speech Presentation, where students showcased their creativity and knowledge.

Through pamphlets designed on topics like Equality Before Law: Pillar of Democracy, Justice, Liberty, Equality, and Fraternity: The Constitutional Values, and Indian Constitution: A Vision for Progress, they explored the principles that make the Constitution a living document. Selected students also delivered impactful speeches, articulating the importance of the Constitution and its role in safeguarding citizens' rights and duties. This CCA activity served as a meaningful tribute to the values of justice, liberty, equality, and fraternity, while inspiring students to reflect on their responsibilities as informed and proud citizens of India.

Exploring Nature Hands-On

The Yardstick programme is an integrated process of innovation, assessment, and instructions designed to improve students' learning. It provides the students with hands-on experience. Students of Grade VI were engaged in getting to know the plants during the Science period. They learned about different parts of a flower with the help of the yardstick. It helped them understand the arrangement of various parts of a flower, and the function of each part. This activity helped to strengthen the theoretical concepts and develop critical thinking skills within the learners.

Shaping Math with Creativity

In Math Lab, students of Grade VI explored and demonstrated their understanding of 3D shapes through interactive activities during Math Period. They could identify and explain the key properties such as edges, vertices, and faces with different 3D shapes structures such as cubes, cuboids, cones, cylinders, types of prisms, and pyramids provided to them in the Math Lab. Students presented real-life applications of 3D shapes,





such as in architecture or design. Engaging in discussions and group presentations further enhanced their grasp of concepts, showcasing creativity and teamwork. The session helped bridge theoretical knowledge with practical application, making learning fun and effective. Content, creativity, presentation, and time management were relevant and shown by students. The students diligently worked up the activity in the stipulated time frame.

Exploring Buddhist Heritage Creatively

As part of our ongoing efforts to combine creativity with learning, the students of Grade VI participated in an engaging activity to create a fact file on two significant Buddhist heritage sites: the Buddhist Monasteries of Sikkim and the Buddhist Caves of Ellora during the Social Studies period. The activity aimed to introduce students to Buddhism's rich cultural and historical legacy in India while fostering artistic expression. Students were guided to include key information about these sites and artistically incorporate the art forms of Sikkim and Maharashtra, where these heritage sites are located. This activity allowed students to explore the fusion of history and art, helping them understand the role of Buddhism in shaping India's cultural diversity. The fact file activity was a vibrant and enriching experience, showcasing the students' enthusiasm and creativity. Their work beautifully captured the essence of Buddhist heritage while celebrating the traditional art forms of Sikkim and Maharashtra.

Planting Knowledge Visually

Posters are an excellent tool for visual learners, who comprise a significant percentage of students. Grade VI students were engaged in a poster-making activity during the Science period. They made captivating posters to illustrate different types of plants and their characteristics. The activity enabled the students to identify the parts of the plant and their significance. It was a great learning experience for the learners.





Mastering Non-Finite Verbs Visually

An activity was conducted in Grade VII to highlight the different forms of non-finite verbs during the English period. Students illustrated the different forms of non-finite verbs through a captivating mind map. The min maps elucidated how the three kinds- Infinitives, Participles, and Gerunds can be used appropriately in sentences. This activity helped students to recognize and recall the non-finite verbs and their types. Students actively participated in the activity.

Exploring Chemistry Through Experimentation

Active learning, such as through hands-on activities, has been proven to be effective in the teaching-learning process. Students of Grade VII engaged themselves in performing an experiment on acids, bases, and indicators using a yardstick kit-Colourful Chemistry during the Science period. They performed experiments to check the colour change of various indicators such as litmus paper and pH paper with acids and bases. This activity helped to strengthen the theoretical concepts and develop critical thinking skills within the learners.

Discovering the Atmosphere Creatively

Experiential Learning is the process of learning by doing. By engaging students in hands-on experiences and reflection, they are better able to connect theories and knowledge learned in the classroom to real-world situations. Students of Grade VII were engaged in a hands-on activity during their Social Studies period. Students made colorful and informative flashcards on the composition and structure of the atmosphere. This engaging and interactive activity was a great experience for learners as the classroom turned into a storehouse of knowledge about the layers of the Atmosphere.





Unveiling A Sexual Reproduction in Nature

Students usually have an innate curiosity about the world around them. The science lab encourages this curiosity. As they investigate and discover new things, they develop their thinking skills and gain knowledge about the world around them. Therefore, a science lab is essential for students to learn and explain scientific facts and theories. Lab activity was conducted for the students of Grade VII with reference to the chapter "Reproduction in Plants" during their Science period. Students observed fragmentation in spirogyra and budding in hydra under the microscope. This activity enabled the students to identify the asexual mode of reproduction in plants. Humongous excitement and curiosity were evident among the learners.

Heartfelt Learning in Science

Poster-making fosters cognitive skills such as planning, problem-solving, and logical thinking. Poster-making activity was organized for the students of Grade VII with reference to the Science chapter, "Transportation of Materials in Plants and Animals" during their Science period. Students made captivating meticulous posters of the human heart and shared useful tips for healthy hearts with their peers in the class. The activity enabled the students to understand the complex concept of the circulatory system. They enjoyed the activity and participated with great zeal and enthusiasm.

Expressing Emotions Through Poetry

Poetry is a type of literature that conveys a thought, describes a scene, or tells a story in a concentrated, lyrical arrangement of words. It encourages us to put words to feelings that we can't otherwise describe. An activity was conducted where students of Grade VIII were asked to write a poem based on different themes such as nature, childhood memories, friendship, hope,





and happiness during the English period. Students wrote captivating poems illustrating their views and experiences. The activity fostered a deeper understanding of the poetic devices.

Expressing Dreams Through Paragraphs

To express the thoughts and feelings related to any word, sentence, or formula in the language of prose by conjuring up one's acquired knowledge, and personal experience, through a flowing style, is called a paragraph. Paragraphs play an important role in writing because they provide a framework for organizing your ideas in a logical order. To promote and enhance writing skills among the students Anuched Lekhan ie. Paragraph writing activity was conducted in Grade VIII during their Hindi period. The topic was 'Mere Sapno ka Bharat' and Pulon ki Awashyakta. Students wrote a paragraph and presented their views to their fellow classmates. The topic assigned fostered a perception of determination and perseverance among the learners.

Mapping Empowerment through Words

Activities are an integral part of today's teaching-learning process. Exposure to various opportunities not only makes learning everlasting but also enjoyable. Mind Mapping is a learning technique that uses a non-linear approach that encourages the learner to think and explore concepts using visual-spatial relationships flowing from a central theme to peripheral branches which can be interrelated. Grade VIII students were engaged in making a mind map during the Hindi period with reference to the Hindi chapter "Ladkiyon ka Pehla School" during their Hindi period. Students encapsulated their views on women's empowerment and achievements in various fields. The activity provided a substantial opportunity to exhibit exceptional presentation and critical thinking skills. The event was an enthralling experience for the young learners.





Hands-On Learning with Electroplating

A hands-on activity is an instructional technique that allows participants to learn by doing. During a hands-on activity participants are directly involved in their learning. Participants get direct practical experience as they apply their learning and learn from their failures. Yardstick activity Electroplating was conducted for the students of Grade VIII based on the chapter Chemical Effects of Electric Current during their science period which provided them hands on experience. Students were able to make a model electroplating which helped them to understand the concept of Electrolysis. Students enjoyed the activity.

Discovering Cells Through Microscopy

Students naturally possess a deep curiosity about the world around them, and the science lab serves as an ideal space to foster this curiosity. By investigating and uncovering new information, students enhance their critical thinking skills and expand their understanding of scientific concepts. The science lab plays a vital role in helping students grasp and explain scientific principles. In a recent lab activity, Grade VIII students explored the chapter "Cell Structure and Functions" by examining onion and cheek cells under a microscope. This hands-on experience allowed them to distinguish between the fundamental structures of plant and animal cells. The students showed great enthusiasm and excitement throughout the activity.

Math in Marketing Fun

Students of Grade VIII were engaged in making a sales flyer during the Math period with reference to the chapter Comparing Quantities. They made a sales flyer for a store that they had opened. They selected a few items to feature in their





advertisements and discount them. This activity developed a greater understanding of the terms profit, loss, and discount. They presented wonderful, unique sales flyers showcasing beautiful ads. The activity enabled students to connect the math topic to their daily lives.

Building Cells Through Creativity

Model-making fosters spatial play and nurtures a child's dexterity, as well as other cognitive skills such as planning, problem-solving, and logical thinking. Model-making activity was organized for the students of Grade VIII during their Science period. Students made captivating meticulous models to illustrate the structure of plant and animal cells from materials available at their homes and presented them to their peers in the class. They labelled their models with clarity. The activity enabled the students to understand the complex concept of cells. They enjoyed making the models and participated with great zeal and enthusiasm.







CBSE Science Exhibition

CBSE Science Exhibition 2024-25 at Amonara School, Pune

The CBSE Science Exhibition 2024-25, hosted at Amanora School, Pune on the 16th and 17th of November, 2024, turned out to be a spectacular event, marked by a vibrant display of scientific innovation and creativity. The program commenced with a warm welcome extended to the Chief Guest, Shri Vishal Solanki, Trustee Shri J K Bhosle, Guest of honour Shri Aditya Deshpande, distinguished dignitaries, esteemed judges, teachers, and enthusiastic students from across various schools in and around Pune.

A total of 106 teams from over 70 schools took part in the exhibition themed "Science and Technology for a Sustainable Future." Students from Grades VI to XI presented original, research-based projects across thought-provoking sub-themes like Food, Health & Hygiene, Transport and Communication, Natural Farming, Disaster Management, Mathematical Modelling and Computational Thinking, Waste Management, and Resource Management, divided into two categories: Grades VI - VII and Grades IX to XI.

The event was inaugurated with the traditional lighting of the lamp by the Chief Guest, Shri Vishal Solanki, Guests of honour, dignitaries, accompanied by Director Principal, Ms. Meera Nair and the leadership team of the school. This symbolic gesture set a positive tone, embodying the dispelling of ignorance and the arrival of knowledge and prosperity.

On the outset, the significance of the CBSE Science Exhibition as a vital platform for fostering scientific curiosity, creativity, and innovation among students was highlighted.

The inaugural ceremony featured a soulful invocation dance performance by the students, followed by a riveting nukkad





natak (street play) that captivated the audience. The performers used humour, drama, and impactful dialogues to raise awareness about the role of science and technology in addressing environmental challenges, promoting a message of sustainability and responsible innovation.

The school choir delivered a mesmerizing performance with a specially composed science song, celebrating the wonders of discovery and exploration. The harmonious rendition received a loud applause, as it beautifully captured the essence of scientific curiosity.

The Chief Guest, Shri Vishal Solanki, graced the occasion with an inspiring speech that celebrated the spirit of innovation and the pursuit of knowledge. He eloquently emphasized the significance of fostering a scientific temperament among students, urging them to dream big and aim high. Shri Solanki lauded the unwavering efforts of school leaders, mentors, and young visionaries from across Maharashtra for championing this noble initiative. He extended his heartfelt wishes, encouraging the students to shine on national platforms and bring laurels to their schools and the state. His words of encouragement resonated deeply with the young innovators, leaving an indelible mark and igniting a spark of determination to relentlessly pursue knowledge and excellence.

Following his address, he officially declared the event open, setting the stage for an exciting two-day showcase of talent and creativity.

The judging panel, comprising eminent experts handpicked by CBSE, evaluated the projects with meticulous attention to detail. Their insightful feedback provided valuable learning experiences for the participants, highlighting the depth and innovation displayed in each entry.

The exhibition showcased a wide array of projects that connected theoretical concepts to practical applications,





demonstrating the students' deep understanding of scientific principles.

On the second day, the esteemed judges were invited to share their insightful feedback and announce the winners across both junior and senior categories. Their thoughtful observations offered invaluable learning experiences, shedding light on the depth of creativity and innovation evident in each entry. As a gesture of gratitude for their discerning contributions, the judges were honoured with a token of appreciation, marking their vital role in enriching the event.

Following an impressive display of innovation and creativity at this year's Science Exhibition, the judges carefully evaluated the entries and selected the top teams for the National Round. A total of 7 teams from Category 6-8, representing each of the sub-themes, have made it through. Additionally, 8 teams from Category 9-11, including 2 teams from the sub-themes of Transportation and Communication, will also be proceeding to the National Round.

Group photos capturing the joyous moment were taken with the winners, respected judges, school authorities, and the proud teacher representatives of the winning teams. These snapshots immortalized the celebration of our young innovators, preserving the memory of their exceptional achievements and the guidance they received on their journey. The exhibition concluded with a heartfelt vote of thanks, expressing gratitude to all participants, judges, and organizers, followed by the rendition of the national anthem, bringing the event to a dignified close.

The CBSE Science Exhibition not only highlighted the students' innovative spirit but also underscored the importance of scientific exploration in addressing real-world challenges. The event was a resounding success, leaving a lasting impression on all who attended.





Celebrating the Spirit of Childhood

"Children are the world's most valuable resource and its best hope for the future."

- John F. Kennedy

Children's Day was celebrated today with great enthusiasm and excitement. The day was filled with laughter, joy, and endless energy as our students had a blast celebrating in their respective classes.

The children of Grade IX had a fun-filled time playing exciting games, singing melodious songs, and impressively showcasing their hidden talents, unveiling their creative potential and leaving everyone in awe. They also shared hilarious jokes that filled the classrooms with contagious laughter.

The atmosphere was electric, with students and teachers alike relaxing and enjoying every moment to the fullest. The classroom celebrations brought everyone closer, fostering a sense of belonging and camaraderie.

The celebration was a reminder that childhood is a precious gift, and every child deserves to feel special. As we commemorate Jawaharlal Nehru's birthday, we reaffirm our commitment to nurturing our young minds and fostering their growth.

Long live the spirit of childhood!

Honoring Childhood with Joyful Celebrations

Children's Day, affectionately known as 'Bal Diwas,' is celebrated every year on 14th November in India. This special day not only commemorates the birth anniversary of





Jawaharlal Nehru, the country's first Prime Minister but also highlights his deep affection for children. Nehruji passionately believed that children represent the true wealth of a nation, often describing them as "the most precious resource" of India. He famously remarked, "Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow."

The celebration of Children's Day for Grade XI students was a vibrant and spirited affair filled with laughter and joy. Teachers planned an exciting array of engaging activities designed to bring out the creativity and teamwork in their students. The atmosphere buzzed with energy as students participated in games like guessing car brands, connecting Indian states through interactive digital quizzes, and singing popular Bollywood songs based on the prompts they received. The classic game of dumb charades added an element of playful competition, with students eagerly acting out scenes and trying to guess movie titles from their friends' hints.

These lively classroom celebrations provided a platform for fun and creativity and fostered a strong sense of belonging and camaraderie among the students. The day was a beautiful reminder of the joy of childhood and the importance of nurturing young minds, bringing everyone together in a shared spirit of celebration and unity.

Celebrating the Joy of Childhood

In India, Children's Day is celebrated on 14th November every year to commemorate the birth anniversary of our first Prime Minister, Pandit Jawaharlal Nehru. He loved children dearly and is fondly remembered as Chacha Nehru by them. After his death in 1964, his birthday was declared Children's Day nationwide. Children's Day emphasizes the importance of showering love and affection to each child. Amanora School





celebrated this special day by organizing fun-filled programs for our loving Grades VI, VII, and VIII children. The students were motivated by a special message from Dr. A. F. Pinto -Founder Chairman of Ryan Group of Institutions on Children's Day. To add to the festive ambiance entertaining games were organized for the students. They were thrilled as their classrooms turned into a happy game zone. They played various games like dumb charades, hangman, Pictionary, atlas, musical chairs, tombola, freeze dance, and collaborative drawing, to name a few. They were challenged with some challenging puzzles. The celebration filled the hearts of the students with delight and they enjoyed it wholeheartedly.

Innovating Education, Leading Forward

Lead By Example is a competition designed to encourage educators to showcase their creativity and leadership skills in the classroom. It provides teachers with an opportunity to demonstrate innovative teaching methods, educational strategies, and learning techniques that can inspire and engage students. Teachers from different schools participate by presenting their unique approaches to learning, with the best ideas advancing to regional and national levels.

The Lead by Example competition at Amanora School was a resounding success, showcasing the innovative spirit and dedication of our teachers across all grade levels. Teachers from the primary to senior secondary school participated with great enthusiasm, presenting creative and impactful ideas designed to enhance the learning experience for students.

The competition not only provided a platform for teachers to demonstrate their skills but also fostered a collaborative environment where ideas flowed freely, inspiring everyone involved. After a rigorous selection process, teachers qualified for the regional round and will now compete at the prestigious national competition in Bangalore.





This achievement speaks volumes about the calibre of educators at our school, and we are incredibly proud of the dedication they continue to show in shaping the future of our students. As our teachers moves on to the national stage, we eagerly await the opportunity to showcase the innovative learning techniques that will undoubtedly inspire educators across the country.

Tribal Museum Visit

Field trips connect classroom learning to the real world. Students of Grade VI visited the 'Tribal Cultural Museum' at Koregaon Park, Pune. The Tribal Cultural Museum was established on the campus of the Tribal Research and Training Institute, Pune in 1965. Since then, continuous efforts have been made to collect exhibits and update the museum depicting tribal life and culture of Maharashtra State. There are about 1359 articles displayed here. Students got firsthand experience and understanding of different cultures and ways of life. They appreciated the diverse ways people express themselves. Visiting this museum provided a glimpse into the lives and struggles of the tribal people, and inspired respect and appreciation for their contributions to the nation. The field trip was an inspiring blend of social dynamics, cultural traditions, art, music, and rituals that reflect a community's connection to nature, history, and identity, leaving students motivated and eager to delve deeper into the fascinating worlds of tribal culture.









National Education Day

National Education Day is celebrated to honour Mohammad Abul Kalam Azad, a prominent Indian scholar, freedom fighter, and educationist. His contributions to India's independence and nation-building were immense, and his legacy endures in various fields. The students of Grade VI conducted an assembly on 'National Education Day'. The students recited a poem highlighting the importance of learning. The class teacher shared the significance of Education and a few tips on how one can be prosperous with the students.

World Kindness Day

World Kindness Day is observed annually on 13th November promoting the importance of being kind to each other, yourself, and the world. It highlights the importance of empathy, compassion, generosity, and cooperation to create a more harmonious and caring world. An assembly was conducted by the students of Grade VI. The students presented an enthralling skit to illustrate the significance of kindness in school life. The event was devoted to the positive potential of both large and small acts of kindness, to promote and diffuse this crucial quality that brings people of every kind together. Students participated with great zeal and enthusiasm.

Valuing Our Cultural Heritage

The students of Grade VI presented an assembly on the topic "Valuing Our Cultural Heritage". The theme motivated the students to decide on an 'Art Display of Different States like Madhubani Art of Bihar, Gond Art of Madhya Pradesh and Warli Painting of Maharashtra.



The students also performed classical dance forms of India to commemorate the enriched culture of India. The class teacher gave an insight into the importance of cultural heritage to the students. Students participated with great zeal and enthusiasm.

National Journalism Day

National Journalism Day, observed each year on 17th November, is a testament to the vital role that journalism plays in our society. It is a day to honour the commitment to truth, integrity, and accountability, which are essential for the functioning of a healthy democracy. An assembly was conducted by the students of Grade VII, on National Journalism Day. The students presented a captivating skit that depicted the relentless pursuit of truth, and responsibility in keeping citizens informed and emphasized the need for journalism to foster peace in societies. The students participated in the assembly with great zeal and enthusiasm.

National Education Day

In honour of Maulana Abul Kalam Azad's birth anniversary, the first education minister of independent India, National Education Day is celebrated annually on 11th November. This day serves as a reminder of his work promoting scientific knowledge and basic and secondary education in India. To commemorate the birth anniversary of this visionary leader, an assembly was conducted by the students of Grade VII. Students participated with great enthusiasm. They highlighted the importance of education through an enthralling skit. Humongous zeal was witnessed in the assembly.



World Television Day

Grade VII students presented an assembly on 'World Television Day'. Since its inception, television has served as a source of entertainment and a powerful symbol of communication and globalization, connecting people from all corners of the world. It has become an essential tool for informing, inspiring, and uniting us through shared experiences, ideas, and stories. The students illustrated the advantages of television by presenting short yet meaningful poems. This style of skit was very impressive, well-received, and appreciated by all. The assembly witnessed humongous zeal and excitement among the young learners.

World Kindness Day

World Kindness Day is observed annually on 13th November to promote the importance of being kind to each other, yourself, and the world. To foster kindness an assembly was conducted by students of Grade VIII on 'World Kindness Day'. The students presented an enthralling skit to illustrate the significance of kindness in school life. The event was devoted to the positive potential of both large and small acts of kindness, to promote and diffuse this crucial quality that brings people of every kind together. Students participated with great zeal and enthusiasm.

Sustainable Energy for a Sustainable Future

Sustainable energy is the key to a new energy model, capable of addressing three global challenges: environmental conservation, energy security, and socio-economic development. To spread awareness for the same an assembly was conducted by the



students of Grade VIII, on the topic "Sustainable Energy for a Sustainable Future". Imagine a world where the air is fresh, the water is clean, and the planet thrives. This isn't just a dream. It's the future we can build through sustainable living. Students have a unique opportunity and responsibility to be the changemakers, the green warriors, the generation that shapes a greener tomorrow. This was illustrated through an enthralling skit. Students participated with humongous zeal and enthusiasm. The assembly fostered a sense of responsibility for Mother Earth among the young learners.

Thanksgiving Day

"Thanksgiving Day is a good day to recommit our energies to giving thanks and just giving" Amy Grant

The morning assembly at Amanora School set the tone for the day, refreshing students' spirits and reinforcing strong moral values. With great enthusiasm, Grade IX students presented an insightful assembly on the significance of Thanksgiving Day, emphasizing the role of gratitude in our daily lives.

The origins of Thanksgiving date back to 1621 when Native Americans and English colonists gathered for a harvest feast. The celebration symbolizes gratitude, unity, and reflection, reminding us to appreciate life's blessings and pause amidst challenges.

The assembly began with the school prayer and pledge, followed by the Word of the Day, Thought of the Day, and news updates. A skit provided an informative look at Thanksgiving traditions, and the program concluded with a Teacher's Talk. The Grade IX students executed the assembly beautifully, showcasing excellent teamwork.



Celebrating the Essence of Democracy: Constitution Day

On 26th November 1949, the Indian Constitution was adopted, embodying the principles of justice, liberty, equality, and fraternity. It stands as a beacon of our nation's commitment to democracy and inclusivity, ensuring equality before the law for all citizens.

To commemorate this historic day, our school hosted a special assembly filled with meaningful activities. Students collectively read the Preamble participated in a thought-provoking quiz on the Constitution, delivered impactful speeches, A video highlighting the core values and fundamental duties of citizens was also screened, fostering a sense of pride and responsibility among all present.

The event was graced by Principal Ms. Meera Nair and Headmistress Amrita Gangwal, whose presence added inspiration to the celebrations. These activities served as a powerful reminder of the Constitution's role as the bedrock of our democracy, encouraging everyone to uphold its values and contribute to building a just and inclusive society.

The White Revolution

The White Revolution, led by Dr. Verghese Kurien, also known as the "Father of the White Revolution," transformed India's dairy industry and empowered millions, especially women. Through Operation Flood, launched in 1970, India became the largest producer of milk globally. This revolution was not just about dairy farming; it symbolized rural development, self-reliance, and teamwork, showing that even small efforts can contribute to building a nation.

Grade IX students at Amanora School presented an assembly on the White Revolution, beginning with the



school prayer and pledge. The program included the Word of the Day, Thought of the Day, and news updates, followed by a speech explaining the impact of the revolution. A skit illustrated the lives of farmers and milkmen before and after the revolution, and a quiz tested the audience's knowledge. The assembly concluded with a Teacher's Talk and the national anthem.

The students' message was clear: revolutions aren't always loud; sometimes they begin with quiet, persistent efforts to bring about change. The White Revolution is a powerful reminder of how determination can shape a stronger community and nation.





Teacher's Corner

Gratitude is not only the greatest of virtues, but the parent of all the others."

- Marcus Tullius Cicero

Gratitude and giving are two powerful values that shape our lives and strengthen our communities. As a teacher, I believe it's essential to nurture these qualities in our students to help them grow into compassionate, responsible individuals. Gratitude is more than just saying "thank you"; it's about recognizing the blessings we have and expressing appreciation for them. It fosters a positive mindset, helping us focus on what we have rather than what we lack. By teaching students to practice gratitude, we encourage them to develop a sense of contentment, empathy, and respect for others.

Giving, on the other hand, is an act of selflessness that brings us closer together as a society. Whether it's giving time, resources, or kindness, the act of giving enriches both the giver and the receiver. It cultivates a spirit of community and support, teaching students that the world is interconnected and that small acts of kindness can have a ripple effect.

Together, gratitude and giving create a cycle of positivity, where we uplift each other and contribute to the well-being of those around us. As educators, it's our responsibility to model these values, helping our students realize that even the simplest acts of gratitude and giving can change lives for the better.

Health, Safety and Child Protection (HSCP) Practices



Ensuring Safety Through Emergency Drills

Amanora School prioritizes student and staff safety through regular emergency preparedness drills. These drills equip individuals with the necessary skills to respond effectively to potential crises, ensuring a well-coordinated and swift response.

Fire Drill: Focuses on safe evacuation procedures during a fire. Students exit following designated routes, assemble at a safe point, and participate in post-drill reviews to enhance efficiency.

Earthquake Drill: Trains students to "Drop, Cover, and Hold On" during tremors. After an "all clear" signal, they evacuate cautiously, assembling in open spaces while avoiding hazards.

Bus Drill: Prepares students for emergencies while on school transportation. They practice using emergency exits, handling breakdowns, and following safety protocols under driver and attendant guidance.

Heavy Rain/Flash Flood Drill: Ensures safety during severe weather. Students remain indoors, movement is restricted, and evacuation to higher areas is conducted if needed. Parents are kept informed of any delays.

Electrical Drill: Educates on handling electrical hazards. Students avoid electrical equipment, learn to use Class C fire extinguishers, and follow safety protocols.

By conducting these drills, Amanora School strengthens emergency readiness, ensuring a safe and secure environment for all.







Health, Safety and Child Protection (HSCP) Practices



Transport Committee Meeting

A Transport Committee Meeting was held at Amanora School to review and discuss various aspects of the school's transport system. The meeting began with a warm welcome from Mr. Mukesh Satpute and a round of introductions.

The meeting covered several key topics, including the current status of the school's 29-bus fleet. Mr. Vinayak Koparde, Admin Head, provided an update on fleet operations, emphasizing the importance of GPS tracking and CCTV monitoring for safety. The committee discussed the need for an efficient CCTV data storage system to enhance security. Compliance with safety standards and training programs for bus staff, such as fire safety and first aid, was highlighted. Emergency communication via WhatsApp was also discussed for quick coordination during crises.

Parents expressed concerns about heavy traffic in the Mundwa and Keshav Nagar areas, and police representative Mr. Pramod informed the committee about efforts to address traffic hotspots in Pune.

Action points included organizing a meeting with parents using private van services to ensure safety compliance and working with local authorities to minimize traffic during school hours. The session concluded with a commitment to enhancing the safety and efficiency of the school's transport system.







Trivia Questions

Question: Which U.S. president is credited with making Thanksgiving a national holiday of gratitude?

Answer: Abraham Lincoln

Question: What is the practice of expressing thankfulness for the simple things in life, often practiced during

Thanksgiving, called?

Answer: Gratitude

Health, Safety and Child Protection (HSCP) Practices



Question: In 2012, the global campaign "Giving Tuesday" was launched to encourage what kind of activity?

Answer: Charitable giving and volunteerism

Question: What is the famous quote by Oprah Winfrey about gratitude?

Answer: "Be thankful for what you have; you'll end up having more."

Question: Which country celebrates "Thanksgiving Day" on the second Monday of October?

Answer: Canada





Gratitude - A Serenity

Why is being grateful considered the cornerstone of a life well-lived? It is because to say thanks is to plant seeds in the soil of humility, where trees grow of kindness, and giving, in turn, is the river that nourishes these roots. Gratitude is a wondrous alchemy which can turn a pebble into a shelter, and a whisper of hope into a fortress. It is to light a candle, knowing its glow will guide another's path.

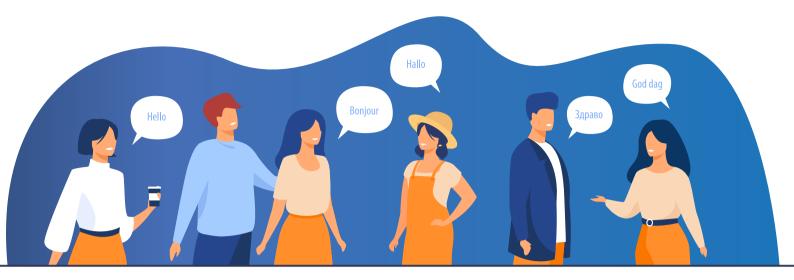
There are two branches of Gratitude. One is Gratefulness, the quiet recognition of life's gifts. The other is Thanksgiving, the active expression of that gratitude. Together, they create a balance, making life richer for everyone.

Gratitude allows us to see the beauty in the mundane and the joy in the simplest acts of kindness. A smile shared, a helping hand extended, a kind word spoken, a quiet gesture of care—these are the echoes that resonate within us long after they have passed. Through gratitude, we begin to understand that nothing is insignificant. Each moment, each person, is a piece of the larger puzzle of life, and without gratitude, we miss the magic of it all.

- Alina Ahmed Khan,

Grade XII 'A'

Parent Speak



As a parent, I often reflect on the values I want to instill in my children. Among them, gratitude and giving stand out as crucial in a world focused on materialism and self-interest. Gratitude is not just a fleeting emotion; it's a powerful practice shaping our perspective on life. I strive to create an environment where my children appreciate the good in their lives, no matter how small. We often share something we're grateful for at the dinner table, strengthening our family bond and encouraging a positive mindset. I remind them that gratitude can transform challenges into growth opportunities.

Alongside gratitude, the act of giving nurtures empathy and compassion in children. It's essential for my children to understand that while they may have much to be thankful for, many others are not as fortunate. We regularly participate in community service, such as volunteering at a food bank, donating clothes, or organizing charity events. These activities teach the importance of giving back and allow my children to witness the joy of making a difference in others' lives. They get excited when choosing items to donate or helping prepare meals for those in need, showing how empathy takes root in their hearts. They learn that giving doesn't always come from abundance but from shared humanity.

Raising children who embody gratitude and generosity requires consistent effort and mindfulness. I aim to model these values in my daily life, illustrating that they are not just occasional practices but a way of being. It challenges me to appreciate the mundane and find opportunities to help in my community. My hope is that my children carry these values into adulthood, fostering a cycle of kindness and appreciation. In conclusion, as I navigate parenting, I am reminded of the profound impact gratitude and giving can have, shaping lives filled with joy, connection, and purpose. I am grateful each day for the opportunity to guide my children in embracing these beautiful values, shaping not only their lives but also the lives of those they touch.

- Mr. Nitin Garg, Parent of Arush Garg - Grade XII 'A' & Ujjwal Garg - Grade IX 'F'

Upcoming Events



