



AMANORA
SCHOOL



SCHOOL
Connect

November 2024

Preprimary

From the Director's Desk

“Gratitude turns what we have into enough, and more.”

Gratitude and giving are two sides of the same coin, embodying the essence of compassion and selflessness. In our fast-paced world, where expectations often overshadow appreciation, it is vital to pause and recognize the blessings in our lives—big and small. Gratitude is not merely a polite “thank you”; it is a profound acknowledgment of the goodness around us and the people who enrich our lives. It transforms ordinary moments into extraordinary ones and shifts our perspective from scarcity to abundance.

Giving, on the other hand, is gratitude in action. It is a powerful way to connect, empathize, and contribute positively to the world. Studies reveal that giving enhances happiness, reduces stress, and strengthens relationships. Whether it is helping a friend, sharing resources, or simply offering a kind word, giving reflects our humanity and creates ripples of positivity.

True gratitude extends beyond grand gestures to the overlooked joys—a hearty laugh with a friend, the warmth of the sun, or the kindness of a stranger. Recognizing these small blessings helps us cultivate a mindset of appreciation and fosters resilience, hope, and satisfaction.

By practicing gratitude and giving, we cultivate a mindset of hope, contentment, and purpose. Let us nurture these values in and around our community, building a culture of appreciation and generosity. As responsible humans, let us commit to embedding these values in our daily lives. Together, we can build a culture of gratitude and generosity, where every act of giving and every expression of thanks strengthens our bonds and inspires us to grow as individuals and as a community.

Let us strive to be grateful for what we have and generous in sharing it, for in doing so, we not only enrich the lives of others but also discover the true meaning of fulfillment.

**- Ms. Meera Nair,
Director-Principal**



Editorial Team

Ms. Swati Biswas (Preprimary Coordinator)



Quote of the month

“When we give cheerfully and accept gratefully, everyone is blessed.”

— Maya Angelou



Article from the Coordinator



Gratitude and Giving

“Let us rise up and be thankful, for if we didn’t learn a lot today, at least we learned a little, and if we didn’t learn a little, at least we didn’t get sick, and if we got sick, at least we didn’t die; so, let us all be thankful.”

– Buddha

Gratitude is a powerful lens through which we can view our experiences, transforming even the smallest moments into opportunities for growth. The essence of the Buddha's words encourages us to recognize that every day, regardless of its challenges, offers something to be thankful for. Learning, whether substantial or minimal, enriches our lives and fosters resilience.

When we look back on our daily experiences, we often miss the importance of small lessons. Each little insight adds to our understanding and shapes our perspective, helping us navigate life with greater wisdom. In challenging times, gratitude acts as a stabilizing force, reminding us that simply surviving is a victory. Even on difficult days, recognizing our health and well-being fosters a mind-set that embraces positivity. By focusing on these aspects, we empower ourselves to find strength and bounce back in every situation.

Ultimately, this attitude of gratitude fosters a deeper appreciation for life’s journey. By focusing on what we have gained—be it knowledge, health, or simply the gift of another day—we open ourselves to growth and joy. In this way, gratitude becomes not just an emotion but a transformative practice, empowering us to find meaning and strength in every experience.

**- Ms. Tanya Chawla,
Academic Coordinator - Middle School**

Activities @ School



Academic Activities

Number Matching with Candy Sticks

In this activity, Nursery students were provided with candy sticks labelled with numbers and candy pieces featuring corresponding numbers. The task was for the children to match the number on the candy stick with the correct number on the candy pieces.

This simple yet engaging activity helped reinforce their understanding of numbers and promoted number recognition and matching skills.



Number Bingo

The 'Number Bingo' activity for Nursery students was a delightful and engaging way to reinforce number recognition. Each child picked a flashcard from a pile, identified the number on the card, located it on their chart, said the number aloud, and circled it. This interactive activity not only enhanced their number recognition skills but also made learning enjoyable.



Build Your Sandwich

A sandwich-making activity was conducted for Nursery students, who were encouraged to create sandwiches using their choice of spreads and toppings. This activity promoted decision-making, fine motor skills, and creativity while fostering independence and an appreciation for food preparation. Additionally, it provided a fun and practical way to enhance their sensory and social skills.



Activities @ School



Let's Make a House

The activity was filled with joy and curiosity as the students of Prep I explored the magic of origami for the first time. The students focused intently on getting each fold just right, while others delighted in decorating their paper houses with crayons and stickers, adding doors, windows, and even little gardens. In the end, the Prep I students proudly displayed their origami houses, each one unique and bursting with creativity. The activity not only sparked their imagination but also helped them develop fine motor skills and a sense of accomplishment, making it a memorable day of learning through play.



Assemblies

Children's Day

Children are one of life's greatest blessings, filling our hearts with joy and happiness. On Tuesday 14th November 2024, the Preprimary section of Amanora School came together to celebrate Children's Day in a vibrant and memorable way.

The students arrived in comfortable attire, ready to enjoy the day's festivities. The celebration began with an assembly highlighting the significance of Children's Day, followed by an impressive dance performance by the Prep I students. The atmosphere was further enriched by a captivating rendition of The Forest of Friendship, brought to life by the Preprimary teachers, and an energetic dance performance that kept the joy flowing.

The day also featured a variety of engaging activities and games, creating a fun-filled atmosphere brimming with laughter and camaraderie. It was an unforgettable occasion, making Children's Day special for everyone involved.



Assemblies



World Public Transport Day

World Public Transport Day is an important occasion to raise awareness about the benefits of public transport. It plays a crucial role in reducing traffic congestion, lowering pollution, and promoting a more sustainable way of travelling. To highlight these benefits, the Preprimary section of Amanora School held a class assembly on Friday, 8th November 2024, focusing on the importance of reducing individual car usage and its environmental impact.

Students participated in various engaging activities that were both educational and fun, demonstrating their enthusiasm and keen interest. Through these activities, they learned about sustainability and the importance of eco-friendly transportation options. It was an enriching learning experience for everyone involved.



School Event

Lead By Example

Amanora School hosted the annual "Lead By Example" competition on 30th November 2024, bringing together educators from various schools to showcase innovative teaching approaches. The event provided a platform for teachers to share effective strategies that have improved student performance, highlighting the importance of creativity, student engagement, and adaptability in education.

Presentations were divided into four categories: Preprimary, Primary, Middle School, and Senior School. A panel of distinguished jury members, including Ms. Masarrat Tavawalla, Ms. Asmita Vaidya, Dr. Triveni Goswami Mathur, and Ms. Jayasheela Shetty, evaluated participants based on criteria such as the impact on learning outcomes and creativity.

"Lead By Example" emphasized the value of continuous learning and collaboration, inspiring educators to embrace innovative methods in teaching and learning.



School Event



CBSE Regional Science Exhibition 2024-25

The CBSE Regional Science Exhibition 2024-25, hosted by Amanora School, Pune, on 16th and 17th November, was a spectacular event that showcased scientific innovation and creativity. The program began with a warm welcome to the Chief Guest, Shri Vishal Solanki, IAS (Retd), Trustee Shri J K Bhosle, Guest of Honour Shri Aditya Deshpande, dignitaries, and esteemed judges.



106 teams from over 70 schools participated, presenting research-based projects on themes such as Food, Health & Hygiene, Transport, Natural Farming, Disaster Management, Mathematical Modelling, Waste Management, and Resource Management. The event was inaugurated with a traditional lamp-lighting ceremony by Shri Vishal Solanki, Director Principal Meera Nair, and other dignitaries.

The inaugural ceremony featured an invocation dance, followed by a captivating Nukkad Natak (street play) by Amanora students, raising awareness about the role of science and technology in addressing environmental challenges. The school choir also delivered a mesmerizing performance with an original science song.

In his speech, Shri Vishal Solanki emphasized the importance of fostering scientific temperament, urging students to dream big and aim high. He praised the efforts of educators and students across Maharashtra for championing this initiative and encouraged them to shine on national platforms.

The event featured a model of Chandrayaan, crafted by Amanora students, and was judged by a distinguished panel of experts from the fields of Medicine, Science, Technology, Waste Management, and Artificial Intelligence. The projects demonstrated students' deep understanding of scientific principles and their ability to connect theory with practical applications.

After careful evaluation, 7 teams from Categories 6-8 and 8 teams from Categories 9-11 were selected to represent Maharashtra at the National level. The CBSE Regional Science Exhibition highlighted the importance of scientific exploration in solving real-world challenges, leaving a lasting impression on all attendees.





Teacher's Corner

Gratitude and Giving

In a world that is often busy and full of challenges, it is easy to overlook the importance of gratitude and giving. Yet, these two simple actions have the power to transform our lives and the lives of those around us.

Gratitude is the act of recognizing and appreciating the positive aspects of our lives. It could be as simple as feeling thankful for a friend's support, a delicious meal, or even the beauty of a sunny day. Practising gratitude helps us shift our focus from what we lack to what we have, making us more positive and resilient.

While gratitude involves appreciating what we receive, giving is about sharing what we have with others. Giving doesn't always mean donating money or material things—it can be as simple as offering a listening ear, helping a classmate with their studies, or volunteering time for a good cause. The act of giving not only benefits those who receive but also enriches the giver. It fosters a sense of purpose, increases feelings of connection, and even boosts our own sense of well-being.

Gratitude and giving go hand-in-hand. Being grateful for what we have, often inspires us to share with others, while giving helps us appreciate our blessings. Together, they create a cycle that boosts everyone's well-being.

Let's embrace gratitude and giving in our lives to build a more positive and connected community. Even small acts can make a big difference, helping us create a culture of kindness.

- **Ms. Charu Mohan Srivastava,**
Preprimary - Teacher

Upcoming Events

- Red Day
- Christmas Celebration
- Annual Concert

