

# **Creativity and Inspiration**

You can't use up creativity, the more you use, the more you have..

Creativity and inspiration are often seen as elusive forces, but they are present in everyday life, waiting to be uncovered. Creativity is the ability to think beyond conventional boundaries, to see the world with fresh eyes, and to find new possibilities in familiar situations. Inspiration, on the other hand, is the spark that ignites this creative process.

Artists like Vermeer and poets like Wordsworth found beauty in the everyday. Vermeer's "Girl with a Pearl Earring" and Wordsworth's "I Wandered Lonely as a Cloud" celebrate simple moments, turning them into extraordinary works.

While many believe creativity stems from sudden moments of brilliance, it often arises from consistent observation of the world around us. Everyday experiences, objects, and even routines hold the potential to inspire if approached with an open mind. As Pablo Picasso said, "Inspiration exists, but it has to find you working." This suggests that creativity is not solely the result of waiting for inspiration to strike; it's about engaging with the process actively, being curious, and exploring new ideas.

From artists like Vincent van Gogh, who found beauty in nature and everyday scenes, to Scientists like Albert Einstein, whose theory of relativity was inspired by simple observations of motion, creativity comes from being attentive to the ordinary. The mundane, when viewed creatively, becomes a source of endless inspiration.

Ultimately, creativity is a skill that can be nurtured by staying curious and embracing diverse experiences. By looking beyond the surface and engaging with the world around us, we open ourselves up to endless possibilities for inspiration and innovation.



# **Editorial Team**

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These words reveal a powerful truth: it takes the courage of creativity to bring the boundless potential of imagination to life, shaping the world as we dream it.

# Article from Coordinator



"The mind is not a vessel to be filled, but a fire to be kindled."

- Plutarch

Creativity and inspiration are closely linked but are not always dependent on each other. Creativity is the ability to generate new ideas, solve problems, and bring something unique into existence. It thrives on routine, discipline, and persistence. It's the consistent effort of producing, creating, and refining, even when inspiration is lacking.

Inspiration, on the other hand, is that sudden spark that ignites our creative process. It's often unexpected, fleeting, and cannot always be controlled or predicted. While inspiration can provide the initial push needed to start a project or explore new ideas, it's not the sole driver of creativity.

The challenge lies in maintaining creativity when inspiration fades. Many people struggle with this and may abandon projects or ideas when they no longer feel inspired. However, true creativity involves pushing through these periods and continuing to work even without the immediate rush of inspiration. Great creators, like Leonardo da Vinci, exemplify the power of resilience. Da Vinci's work during the Renaissance was not always driven by constant inspiration, but rather by his dedication and discipline. His success lay in his ability to persist and continue working despite fluctuating levels of inspiration.

In today's world, technology plays a significant role in supporting creativity. Smartphones, for instance, are invaluable tools for capturing ideas, recording inspirations, and staying organized. They help us seize those fleeting moments of insight before they vanish, enabling us to nurture and develop our creative ideas more effectively.

Ultimately, while inspiration can spark creativity, it's the ongoing effort, discipline, and use of tools that sustain and expand our creative endeavors. Balancing both aspects allows us to fully explore and realize our creative potential.

- Ms. Neha Khan, Primary Coordinator, Grade I & II

# **Activities @ School**

### **Assemblies**



### Celebrating the Bond of Siblings

"The love between a brother and a sister is one of the deepest and most cherished of human emotions." Raksha Bandhan, meaning 'a bond of love and protection,' holds a special place in our hearts. 'Raksha' symbolizes protection, while 'Bandhan' represents the bond shared between siblings.

Siblings share a unique and irreplaceable connection, and Raksha Bandhan serves as a beautiful reminder to celebrate this bond while renewing a promise for a bright and secure future together. The students of grade II 'C' delivered a heartwarming assembly, featuring a touching skit that beautifully embodied the spirit of Raksha Bandhan. In the performance, a young girl tied a Rakhi on her brother's wrist, poignantly depicting the tradition and deep significance of this sacred festival. The assembly concluded with an energetic traditional dance, performed with great enthusiasm by the students, who fully embraced the spirit of the celebration.

### Celebrating the Bond of Friendship

"A good friend is like a four-leaf clover: hard to find and lucky to have."

To celebrate the importance of friendship and encourage a sense of unity, the students of grade I 'D' presented an assembly on Tuesday, 6th August 2024, themed around 'Friendship.' Through an engaging skit, they illustrated the significance of having friends and shared their reflections on how friendship enriches our lives. The skit emphasized the

value of trust, support, and joy that friends bring into our everyday experiences.



Following the skit, the students delivered an energetic dance performance, filled with enthusiasm, that symbolized the happiness and togetherness that friendship inspires. The entire event beautifully captured the essence of friendship, making it clear how vital these bonds are in shaping positive social connections. The assembly was a joyous celebration, as the spirit of friendship resonated throughout the school, creating lasting memories for everyone involved.





### "Acts of Kindness: Celebrating Generosity Together"

"Giving is a simple act that can brighten someone's day and bring about positive change."

Grade III 'G' students recently presented a heartwarming assembly on the theme of generosity. The students eloquently shared their reflections on the importance of generosity in everyday life, emphasizing how small acts of giving can create a ripple effect of kindness and positivity.

A highlight of the assembly was a beautifully performed skit, illustrating how different acts of generosity foster meaningful relationships and spread happiness, kindness, and compassion throughout the world. Their portrayal of kindness in action resonated with the audience, showing how simple gestures can have a profound impact.

Adding to this spirit of giving, the students participated in the Old Age Home Donation Drive by donating lentils, inspiring their peers to extend support to those in need.

#### World Elephant Day Assembly: Celebrating and Protecting Our Gentle Giants

Grade IV 'G' organized a meaningful assembly to celebrate World Elephant Day, aiming to raise awareness about these magnificent creatures. Elephants, the largest land mammals and among the most intelligent animals, play a vital role in our ecosystems.

The event featured educational talks where students shared fascinating facts about elephants and discussed ongoing conservation efforts to protect them. They highlighted practical ways everyone can contribute to safeguarding these gentle giants. Following the talks, a captivating dance performance symbolized the grace and strength of elephants, bringing their importance to life.



# Assemblies at a Glance



The assembly concluded with a fun and engaging quiz that tested everyone's knowledge about elephants. This event served as a powerful reminder of the necessity of protecting these animals and ensuring their survival.

### **Embracing Unity and Freedom**

Independence Day is a time to reflect on our nation's journey, values, and aspirations, inspiring each of us to strive for a brighter future. Celebrated annually on 15th August, this day marks a significant chapter in our history.

To honor this occasion, the students of grade II 'D' presented a special assembly on Friday, 16th August 2024. The highlight of the assembly was a heartfelt enactment that paid tribute to the brave men and women who fought for our nation's freedom. Through their powerful performances, the students conveyed the sacrifices made by these heroes and highlighted their invaluable contributions to making our country what it is today. They shared inspiring stories of our freedom fighters and reminded us of the significance of their achievements.

In a touching moment, the students took a solemn promise to always respect and honor the sacrifices of our national heroes. The assembly concluded with a lively dance performance that infused energy into the event, celebrating the spirit of freedom and the rich cultural heritage of our nation.

This assembly not only emphasized the importance of Independence Day but also deepened the students' understanding of the vital role played by these national heroes.



# Assemblies at a Glance



### Quit India Day Assemblies: Honoring Our Freedom Fighters

Grade IV 'E' and grade V 'I' joined forces to present inspiring assemblies commemorating Quit India Day and the Quit India Movement, celebrating the sacrifices of Indian freedom fighters.

Grade IV 'E' captivated the audience with skits featuring iconic figures like Mahatma Gandhi, Sarojini Naidu, Sardar Vallabhbhai Patel, and Jawaharlal Nehru. They focused on key events such as the Non-Violent Movement, Civil Disobedience, and the Salt Satyagraha, illustrating the collective struggle for independence.

Grade V 'I' continued this celebration with a skit, dance, and speech highlighting the significance of the Quit India Movement. Their reenactments brought history to life, emphasizing the spirit of resistance. The assembly concluded with a reflective speech on the movement's legacy, reminding everyone of the importance of unity and courage in our ongoing journey of freedom.

#### Math Assemblies: Celebrating the Power of Numbers

Grade III students recently delivered an engaging assembly that highlighted the integration of Math into everyday life. With the theme "Mathematics is the language of the universe," the students showcased how Math is woven into everything we do, from the stories we read and the art we create to the science we explore and the games we play. Through a creative skit and an uplifting song, they effectively illustrated the importance of Math, concluding with a powerful message about its relevance in our daily routines.

On 22nd August, grade IV students hosted their own Math assembly, focusing on the idea of Math as a superpower. They emphasized how essential Math is for organizing our daily activities, enhancing sports performance, and improving



# Assemblies at a Glance



academic success. Their presentations inspired peers to view Math not just as a subject in school but as a vital tool for navigating life effectively.

Following this, on 29th August, grade V students presented a unique Math and Science Integration Assembly, demonstrating the close relationship between these two subjects. The assembly featured entertaining skits and lively dance performances, showing how Math serves as the language of science. Students learned that Math and Science are not just academic subjects but powerful tools that help solve real-world problems.

These assemblies celebrated the significance of Math, encouraging students to appreciate its role in shaping our understanding of the world around us and inspiring them to embrace its applications in everyday life.

### CCA Activities (Grades I to V)

#### Dress Up and Speak - Famous Indian Personalities

"Step into your favorite role and share your story. Every costume has a tale, and every voice deserves to be heard!"

In the spirit of creativity and self-expression, our grade I students participated in an exciting Dress-Up and Speak competition. This event celebrated students' admiration for their favorite Indian personalities, combining imaginative costumes with informative speeches. Each participant chose a notable figure, dressed up accordingly, and shared insights about their chosen personality.

Beyond the fun of dressing up, the competition offered a valuable learning experience. It allowed students to explore the lives and contributions of famous Indian personalities,



### **CCA Activities**



deepening their knowledge. At the same time, it helped them develop essential public speaking skills by providing a platform to express their thoughts and stories.

Overall, the event was both enjoyable and educational, fostering confidence, creativity, and a greater appreciation for cultural figures among our young learners.

#### **Tricolour Flower Bouquet**

The Tricolor Flower Bouquet activity provided grade II students with a meaningful lesson on the significance of the saffron, white, and green colors in the Indian National Flag, fostering a deep sense of national pride and cultural awareness. By designing and creating flowers using the tricolor theme, students were encouraged to showcase their artistic talents and creativity. This hands-on activity also promoted teamwork, making it an engaging and interactive educational experience.

The activity emphasized the values of unity and diversity, reflecting the spirit of inclusivity and harmony that the Indian flag represents. As students worked together, they not only learned about the importance of these colors but also developed a greater understanding of the cultural significance behind them.

By seamlessly integrating education with creative expression and cultural appreciation, the Tricolor Flower Bouquet activity proved to be a valuable and enriching experience, leaving young learners with a stronger sense of national identity and pride.

#### Designing Photo Frames: A Creative Endeavor - Grade III

Grade III students recently took part in a CCA activity titled "DIY Photo Frame," where they unleashed their creativity by crafting beautiful photo frames. Using recycled cardboard, colorful papers, popsicle sticks, pictures, and a variety of



### **CCA Activities**



decorative materials, the young artists designed unique and vibrant frames that reflected their enthusiasm and imagination.

The remarkable energy and creativity displayed throughout the activity highlighted their engagement and growing skills. Beyond enhancing their artistic abilities, this hands-on experience instilled an important lesson in recycling, encouraging environmental awareness by repurposing materials like cardboard. It was a wonderful blend of creativity and sustainability!

#### Picture Story: A Creative Challenge Grade IV

The students of grade IV recently participated in a Creative Co-curricular Activity (CCA) titled "Picture Story". The objective of this activity was to enhance students' storytelling abilities and stimulate their imagination by providing them with an opportunity to create a story based on a sequence of pictures. In this imaginative challenge, our young storytellers dived into a world of imagination using 4-5 pictures from print media like newspapers, magazines, etc. They sequenced the images and crafted an original story of approximately 150 words around them, weaving together characters, places, and other things in a narrative of their own making.

The activity witnessed enthusiastic participation from all the students. The students demonstrated a high level of creativity in connecting unrelated images and forming coherent and interesting stories. The final stories were a testament to the imaginative abilities of our young writers.

### Snapshots: Sharing Happy Memories

Grade V students recently participated in a heartwarming activity called "Snapshots," where they shared cherished memories through pictures they had clicked during special moments with friends or family. Each student brought in a



### **CCA Activities**



photo that captured a meaningful experience, allowing them to take the class on a personal journey.

Some students shared their love for food, introducing different delicacies from across India and discussing the health benefits of wise food choices. Others recounted memorable trips to various places around the world, highlighting the unique architecture and monuments they visited. A few students took the class on a virtual journey through nature, sharing stories of its healing powers and serene beauty.

This activity created a deep sense of connection among the students, as they bonded over shared experiences and memories. It was a joyful experience, allowing everyone to appreciate the diversity and special moments that make each memory so precious.

### **Class Activities**

#### Math Lab Activities on Subtraction

Math is a way of thinking that helps us understand the world."

To deepen our students' understanding of subtraction, a Math Lab Activity was held for grade I and II. This engaging and interactive session allowed students to work collaboratively in groups, using various objects to explore and practice subtraction. By manipulating physical items, students could visualize the subtraction process and grasp the relationship between numbers more effectively.

The hands-on nature of the activity made subtraction both enjoyable and educational. Students actively participated in solving problems, which reinforced their learning in a meaningful way. This approach not only enhanced their





comprehension of subtraction but also highlighted how math can be applied in real-world scenarios. The activity proved to be a valuable tool in making math both fun and insightful,helping students build a solid foundation in their mathematical understanding.

### Math Activity - Exploring Shapes and Symmetry

Grade III students recently took part in an engaging Math Lab activity titled "Exploring Shapes and Symmetry." Using colorful cut-outs of various plane shapes, students arranged them to create imaginative designs such as animals, insects, houses, boats, and flowers.

After crafting their designs, the teacher guided the students to identify and demonstrate the lines of symmetry in the shapes they used. This activity not only allowed them to explore the beauty of symmetry but also emphasized how basic shapes can come together to form complex and balanced designs.

The combination of creativity and mathematical thinking made the activity enjoyable and educational, helping students understand the connection between geometry and patterns. It was a perfect representation of how art and math can merge in a fun and meaningful way.

#### The Dice Activity: Exploring Multiples and Factors

Grade V students participated in an engaging math activity called "The Dice Activity" to reinforce their understanding of multiples and factors. Students were divided into groups, and each took turns rolling a dice to get a number for which they had to find the multiples. Using a number grid or snakes and ladders game board, they skip-counted to identify the multiples of their rolled number.

Additionally, students created a number grid in their





notebooks, marking both the multiples and the factors of assigned two-digit numbers. This hands-on activity allowed them to visualize the relationship between multiples and factors.

Working in groups encouraged collaboration, while using dice and game boards added an element of fun. The activity not only deepened their understanding of mathematical concepts but also made learning interactive and enjoyable.

### Yardstick Activities

### Meals of the Day

"You Don't Have to Eat Less, You Just Have to Eat Right."

The students of grade I were introduced to the essential role of food in their daily lives through an engaging activity. They learned about the different meals of the day and the importance of each for their overall well-being.

The activity emphasized the value of maintaining a balanced diet, rich in essential nutrients, proteins, vitamins, and fiber, all of which contribute to good health. Additionally, students were reminded of the importance of staying hydrated by consuming sufficient water throughout the day.

This activity not only highlighted the significance of eating right but also fostered healthy habits that will benefit the students in their everyday lives.









### **The Living Train**

In grade III, students participated in an engaging hands-on activity where they learned to distinguish between living and non-living things. They used a yardstick as a practical tool to measure and compare various objects, further enhancing their understanding of the physical characteristics that differentiate the two categories. During the activity, students sorted objects and pictures into two groups. Living things, such as plants and animals, require food, water, and air, and have the ability to grow and change. On the other hand, non-living things, like books and rocks, do not require these necessities and do not grow or change independently. By incorporating the yardstick into their learning, students were able to make more concrete observations and gain a deeper comprehension of how to identify the distinct characteristics of living and non-living things in our world.

### Understanding the Diaphragm's Role in Breathing: A Hands-On Activity

Grade IV students recently participated in a hands-on activity to explore the diaphragm's role in breathing. After a brief discussion on the lungs' importance in the respiratory system, students took deep breaths to observe chest movement.

To deepen their understanding, they built simple lung models using a plastic bottle, balloons, and a knot. The bottom balloon represented the diaphragm, and when stretched, it simulated the diaphragm's movement, showing how air flows into the top balloon, much like air entering the lungs.

This interactive experiment provided a clear visualization of the mechanics of breathing and the diaphragm's crucial role, making the learning experience engaging and informative.





### **English Activity - Prefix Wheel**

Grade III students participated in an exciting English activity titled "Prefix Wheel," designed to enhance their understanding of how prefixes change word meanings. Each student created their own prefix wheel, allowing them to spin and match different prefixes with root words, forming new words with different meanings.

Through this interactive approach, students not only expanded their vocabulary but also practiced using the new words in sentences. The activity made learning prefixes fun and engaging, offering a visual and hands-on method to reinforce the concept effectively. It was a valuable experience that helped students grasp the power of prefixes while enjoying the process.

### English Poster Making Activity on 'Save the Tiger'

Grade IV students recently explored the poem "The Tiger and the Aeroplane," which highlights the issue of animal poaching. Inspired by its powerful message, they created impactful "Save the Tiger" posters to raise awareness about tiger conservation. Each poster showcased their creativity and a heartfelt appeal to protect these majestic animals.

This project deepened their understanding of wildlife conservation and the devastating effects of human activities on tigers. The students' enthusiasm and dedication were evident in every aspect of their work, serving as a powerful reminder of the urgent need to safeguard these endangered creatures. Their posters will be displayed in the school corridors, encouraging others to join the movement to protect our planet's endangered species.

The students' work demonstrates how young minds can contribute meaningfully to important global issues, inspiring action to preserve our natural world for future generations.





#### Junior Scientist Club

#### Exploring Capillary Action - The Rainbow Walking Water Experiment

Students from grade III and IV in the Junior Scientist Club participated in an exciting "Rainbow Walking Water" activity, exploring capillary action and color mixing. The experiment began with a video presentation that introduced the concepts.

For the activity, students set up three empty cups alongside three filled with colored water. They dipped paper towels into the colored water and observed how, over a few minutes, the water "walked" up the paper towels into the empty cups. This process resulted in the mixing of colors, creating secondary colors such as orange, green, and purple.

The hands-on experiment sparked curiosity and prompted numerous questions about the science behind capillary action and color mixing. It provided a visual and interactive way for students to understand how water moves through narrow spaces and how primary colors combine to form new hues, making science both engaging and educational.

#### Balloon Rocket Experiment

Grade III and IV students of the Jr. Scientist Club recently participated in an exciting hands-on activity where they created their own "balloon rockets." Using simple materials like balloons, straws, and thread, students were able to simulate the workings of a real rocket engine. This experiment served as a fun and practical demonstration of Newton's Third Law of Motion: the air escaping from the balloon, the "action" causes the balloon to move forward along the string, the "reaction".



Through this activity, students gained a deeper understanding of how rockets function, specifically how air and thrust work together to push a rocket forward. The experiment not only reinforced important scientific principles but also provided an engaging and memorable learning experience for the young scientists.



### Food Club - Tiranga Sandwich

Recently, grade III and IV students participated in a Food Club activity where they crafted their own Tiranga Sandwiches. This fun and interactive activity was a special way to celebrate Independence Day, honoring the brave individuals who fought for India's freedom and embracing the country's rich history and culture.

As students created and enjoyed their sandwiches, they reflected on the unity and diversity that make India unique. Sharing this delicious treat with friends and teachers reinforced the spirit of togetherness, making the



### Events

### **Independence Day**



Amanora School commemorated the 78th Independence Day with immense patriotic zeal on its campus. The celebrations began with the auspicious flag hoisting ceremony, which embodied the spirit of

freedom and pride. The National Flag was hoisted by the Director-Principal, Ms. Meera Nair, alongside the Academic Excellence Officer - Ms. Madulikka Sharma, Headmistress - Ms. Sujata Rathur, and Ms. Amrita Gangwal, along with core team members. The ceremony was accompanied by the melodious National Anthem and a heartfelt Flag song, amplifying the patriotic sentiment.

The day's festivities were highlighted by a series of student performances, including a vibrant dance sequence and an Inter-House Singing Competition that ignited patriotic fervor among the audience. The celebration also featured an inspiring speech by the Director-Principal, Ms. Meera Nair, which enriched the spirit of the gathering. The event concluded with a Vote of Thanks, followed by the distribution of sweets, spreading joy and reinforcing the shared pride in the nation's freedom.





### Tirangaa-India The Rising Titan

Amanora School was abuzz with excitement as it hosted Tirangaa 2024, with the theme, 'India-The Rising Titan', an inter-school competition that brought together 22 schools and 392 participants for a day of thrilling events, inspiring performances, and unforgettable memories.

The event commenced with a traditional lamp-lighting ceremony, symbolizing the illumination of young minds. A vibrant welcome dance performance by our students set the tone for the day, filling the atmosphere with energy and enthusiasm. Our esteemed Chief Guest - Mr. Agast Annand was warmly welcomed and felicitated during the opening ceremony. His presence and words of encouragement motivated the students to perform their best and strive for excellence.

The competition featured the following events: Living Legends, Sporty Steps, Rap Blitz, Marketing Marvels, Swift Sports Challenge, Share and Shine, Giggle Gala, Venture Adventure, Piece by Piece, Chrono Canvas, The Great Escape. Students participated in these events, demonstrating their skills, creativity, and sportsmanship. The atmosphere was electric, with students cheering for each other and encouraging their peers to do their best.





### **Events**



The closing ceremony marked the end of a successful event, with memories to cherish until we meet again next year. Our students, teachers, and guests left with big smiles, proud of the achievements and

experiences shared. We extend our heartfelt gratitude to all participants, schools, and our team for making Tirangaa 2024 an unforgettable experience. We're already looking forward to Tirangaa 2025!













### **Teacher's Corner**

Creativity is a spark that ignites within us, a force that drives us to innovate, imagine, and express ourselves. It's a treasure trove waiting to be explored, a wellspring of ideas that can lead to extraordinary achievements. But where does this spark come from? How can we fuel our creativity and find inspiration? The answer lies within ourselves and the world around us. By embracing curiosity, exploring new experiences, and connecting with our passions, we can cultivate a fertile ground for creativity to flourish. Whether it's through art, music, writing, or simply daydreaming, finding ways to express ourselves can unlock a world of possibilities. Remember, inspiration is everywhere. All we need to do is open our minds and let it in. Creativity and inspiration are like two sides of the same coin. One fuels the other, creating a powerful force that drives innovation and expression. Remember, creativity is a journey, not a destination. Enjoy the process and let your imagination runs wild!

Ms. Jigyasa Shah,
 Teacher - Grade II



Creativity is nothing but just giving your thoughts a different outlook. Suppose, a cup is generally used to serve beverages but you can do some modifications and make it something different like creating a small hanging plant pot or a designed showpiece. So, you gave your thoughts a new outlook that one thing can be done in a different manner resulting in something different. That's it.

Nobody is born with super skills my friend. You need to learn, and learn, commit some mistakes and then again learn some more. Creativity as such is actually embedded in each one of us, if not for that, then we would have never learnt to walk or speak. It's just that you need to know what and how to do that, or merely just do it.

#### How to do it:

- Be curious: About everything around you, become a child, grow and think like one.
- 2. Improvise and Focus: Stay resilient. Believe in your ability to improve and practice every day.
  Inspiration is like a spark that ignites our creativity and motivates us to do extraordinary things. It's that feeling of excitement and enthusiasm that drives us to explore new ideas, pursue our dreams, and overcome challenges. Inspiration comes from within yourself. One has to be positive. When you're positive, good things happen.

Inspiration can arise from different sources, such as a beautiful work of art, an inspiring story, or even a personal experience.

Ranvith Rao Banda,
 Grade - V 'A'

# **Parent Speak**



In a world brimming with constant change and innovation, nurturing creativity and finding inspiration has never been more crucial. As parents, our role in cultivating these traits in our children is both vital and rewarding.

To foster creativity, start by creating a dedicated space in your home where your child can freely explore their ideas and express themselves through art, building projects, or imaginative play. Equip this space with the necessary supplies and encourage your child to experiment without fear of failure. It's also important to nurture their curiosity; when they ask questions or show interest in new topics, engage with them in exploring answers, whether through books, simple experiments, or field trips.

Allowing for unstructured time is equally vital, as it gives children the freedom to explore their passions and generate new ideas. Introducing them to a variety of experiences, from cultural events to nature outings, can serve as a wellspring of inspiration. As a role model, share your own creative interests and passions with your child, demonstrating the joy and fulfillment that comes from pursuing them.

Finally, encourage your child to reflect on what inspires them by keeping a journal or scrapbook of their thoughts and experiences. By actively supporting and celebrating their creative endeavors, we equip our children with the tools they need to become innovative thinkers and confident problem-solvers, ready to shape their futures with imagination and confidence.

- Ms. Shikha Modi,

Parent of Likhit Modi - Grade II 'A'

# Student Achievements



### **Fun Facts and Trivia**

- The Creative Brain: Studies show that daydreaming is often linked to creative thinking. When
  we let our minds wander, we can make unexpected connections and generate new ideas.
- Sleep and Creativity: Sleep plays a critical role in creativity. The brain continues working on
  problems or ideas while we sleep, which is why people often wake up with fresh perspectives or
  solutions after a good night's rest.
- Dream Incorporation: Have you ever heard a noise in real life, like an alarm, and had your brain
  incorporate it into your dream scenario? This phenomenon shows how real-world stimuli can
  influence and blend into our dreams, making the boundary between dream and reality even
  fuzzier.
- Creativity Peaks in Nature: Research suggests that spending time in nature can significantly boost creative thinking. The fresh air, natural scenery, and time away from technology help the brain recharge and encourage new ideas.
- Kids Are Super Creative: Children are naturally more creative than adults. A famous NASA study found that 98% of 5-year-olds scored as "creative geniuses". Sadly, that number dropped to just 2% for adults. The key to maintaining creativity is nurturing curiosity and imagination throughout life!
- Walt Disney's Inspiration: The iconic character Mickey Mouse was inspired by a pet mouse Walt Disney had in his office. Disney's ability to draw from personal experience helped him create one of the most recognizable characters in history.
- Color and Creativity: The color blue is often associated with creativity. Some studies suggest
  that exposure to blue hues can stimulate creative thinking, while warmer colors like red may
  enhance attention to detail.
- The Power of Constraints: TSometimes, having limitations can actually boost creativity.
   Known as "creative constraints," restrictions can force individuals to think outside the box and develop innovative solutions.

# Students Art Work





Navyansh Sharma - Grade III 'I'



Nathan Jhuria - Grade IV

# **Upcoming Events**

- Teachers' Day Celebrations
- Long Service Award

