



**AMANORA
SCHOOL**



SCHOOL Connect

July 2024

Grades I to V

From the Director's Desk

Hope is a renewable resource and sustainable optimism is the key to unlocking it. Sustainable optimism is the belief that a better future is achievable if we work hard and are committed to realize it. It is all about adopting a positive outlook combined with a tinge of pragmatism. Sustainable optimism includes the following:

- Accepting difficulties and complexities while clinging to optimism and hope. Most of the important things in the world have been accomplished by people who refused to quit. They kept on trying when there seemed to be no hope at all.
- Prioritizing advancement and long term remedies over short term fixes. Try and set up goals that command your thoughts, liberates your energy and inspires your hopes
- Promoting adaptation, resilience, and learning from failures. Convert every failure as an opportunity to learn and develop.
- Having a growth mentality and being receptive to fresh viewpoints, for true learning and growth come from being open to new ideas, embracing feedback, and actively seeking out diverse perspectives.
- Making steady, small changes that lead to improvement. Each small effort helps to maintain motivation and engagement, and each achievement reinforces our sense of progress and competence.

Overall, embracing incremental improvements can lead to increased productivity, enhanced well-being, and a greater sense of fulfilment in pursuit of a better existence. A better and more practical future can be achieved by individuals and communities through the adoption of sustainable optimism, which fosters a culture of empowerment, hope and cooperative problem solving. It is only through gratitude that optimism is sustainable.

**- Ms. Meera Nair,
Director-Principal**



Editorial Team

Ms. Neha Khan (Coordinator, Grade I and II)

Ms. Pallavi Shukla (Coordinator, Grades III to V)

Ms. Deepali Jain (Teacher Lead, Grade V)



Quote of the month

"Sustainable optimism is rooted in our appreciation of the environment; by recognizing and valuing nature's beauty, we fuel our hope for a thriving future and inspire actions that protect and preserve our planet."



The quote highlights that sustainable optimism is closely linked to our relationship with the environment. It means maintaining a hopeful outlook by appreciating and valuing nature. When we recognize the beauty and importance of the natural world, it inspires us to adopt sustainable practices and take action to protect it. This optimism is not just about wishing for a better future but actively working towards it, fostering a healthier planet for future generations. Thus, our appreciation for the environment fuels both our hope and our commitment to preserving it.

Article from Coordinator



Sustainable Optimism for Our Students

"Sustainability is not a goal to be reached but a way of thinking, a way of being, a principle we must be guided by."

– Paul Hawken

At our school, we are committed to fostering both academic and environmental awareness in our students. We are focusing on "Sustainable Optimism," which combines a positive outlook with a sense of ecological responsibility.

Our approach includes engaging, hands-on activities across all grade levels. For example, gardening projects allow students to plant seeds, tend to their growth, and learn about nature's cycles. This teaches patience, responsibility, and environmental appreciation.

We also incorporate storytelling and reading materials that highlight eco-friendly practices and optimistic problem-solving, helping students understand the importance of a positive attitude in overcoming obstacles.

Encouraging sustainable practices such as recycling, conserving water, and turning off lights reinforces positive behaviour and a sense of accomplishment.

Parental involvement is crucial. Demonstrating enthusiasm for sustainable practices at home inspires children to adopt these habits wholeheartedly.

"Together, let's collaborate towards a brighter, more sustainable future."

**- Ms. Swati Biswas,
Preprimary**

Activities @ School



CCA Activities (Grades I-IV)

Doodle Art on Monsoon

“A doodle is when you’re making something intuitively and you’re not quite sure what it’s going to be, but you feel what it is you’re doing.”

Monsoon season often brings restlessness to children when it's raining outside. This CCA (Co-Curricular Activity) arrived just in time to calm them down. Doodling is known to be an important way for kids, teens, and adults to relax, stay focused, grasp new concepts, retain information, think creatively, improve memory, and achieve better overall health.

During one of the art sessions, students were introduced to doodling. This led to the planning of this CCA to help students unwind their thoughts. It was a fun and relaxing way for them to decompress after their Cyclic Tests. Students thoroughly enjoyed making monsoon-themed doodles using a myriad of colours to create visual representations of the rainy season.

Grade II learners produced aesthetically beautiful doodles. Among these, a few stood out: one depicted a girl sitting in an umbrella, another interesting piece showed how monsoon is associated with viral infections, and the most ubiquitous doodle was of rainbows, seen in almost every class. Both students and teachers relished this activity, finding it to be a delightful and soothing experience.

Creating Fun with Paper Bag Animal Puppets

Grade III students participated in a creative and educational activity where they crafted paper bag animal puppets. This engaging project aimed to boost their artistic skills, stimulate imagination, and foster learning about various animals. Students selected their favourite animals and used paper,



Activities @ School

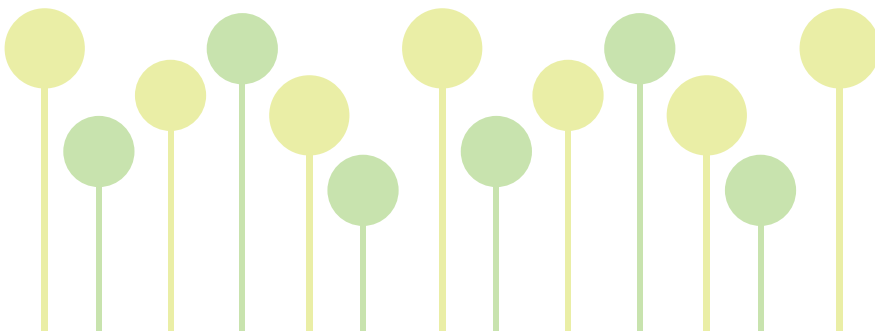


markers, and glue to design unique puppets. The activity not only provided a fun way to explore different animals but also enhanced fine motor skills through cutting, pasting, and drawing. Additionally, the project encouraged imaginative play and storytelling as students created and shared narratives for their puppets. By combining art with learning, this hands-on experience helped students develop both their creative and cognitive abilities.

Making Paper Bags: Reusing Newspapers for Sustainable Solutions

Grade IV and V students recently participated in a creative paper bag making activity as a part of their CCA. This hands-on project allowed the students to explore their artistic talents in a fun and meaningful way. During the activity, the students independently designed and assembled their own paper bags using old newspapers. They took great care in decorating their bags with various colours, patterns, and embellishments, ensuring that each creation was unique and reflected their individual styles.

This engaging activity not only highlighted the importance of recycling and sustainability but also encouraged the students to think creatively about reusing materials. The process of transforming old newspapers into functional and decorative paper bags was both educational and enjoyable. The students were thrilled to take home their handmade paper bags, proud of their craftsmanship and the new skills they had acquired. This memorable experience fostered a sense of accomplishment and reinforced the values of creativity and environmental responsibility.



Assemblies at a Glance



World Nature Conservation Day: Protecting Our Planet

"The Earth is what we all have in common."

World Nature Conservation Day, celebrated on 28th July each year, highlights the importance of preserving our natural environment. To mark this significant day, the students of grade I 'C' held a special assembly on Thursday, 1st August 2024, dedicated to "World Nature Conservation Day." The students enacted a meaningful skit, delivering a powerful message about the importance of not cutting down trees. In addition, they recited a melodious poem, taking a pledge to protect nature. A lively dance performance added an energetic touch to the event, fostering a sense of conservation and protection of the Earth among the students.

This assembly not only emphasized the importance of Earth but also instilled a deeper understanding of their vital role in nature conservation. It inspired students to recognize and value the natural world around them.

Celebrating My Uniqueness: I Am Special

"Confidence comes not from always being right but from not fearing to be wrong."

Morning assemblies offer a chance for students to come together and learn something new. The grade II 'E' assembly centred on how confidence can help achieve one's goals. True confidence doesn't require changing who you are; it's about embracing and enhancing your authentic self.

The students presented a skit illustrating how people might try to undermine you, but with self-belief and confidence, you can overcome challenges and reach your dreams. Students also performed a lively dance to the empowering songs "I Promise to Love Myself" and "I Am the Best," adding an



Assemblies at a Glance



element of fun to the event. The assembly concluded with a heartfelt recitation of the poem "I Am Special," emphasizing that every child is unique, and by sharing and caring for one another, they can achieve great milestones.

Palkhi Assembly: Celebrating Tradition and Unity

Grade III 'B' students had an engaging assembly focused on the theme of Palkhi. The event began with morning prayers, the word of the day, a thought for the day, and the latest news. The centerpiece was a skit that highlighted the significance of the Palkhi procession, illustrating it as a celebration of faith, unity, and devotion rather than merely a religious event. The skit emphasized how Palkhi reflects our rich cultural heritage and the importance of remaining connected to our roots. Following the skit, students performed a lively dance to the song "Vitthal" (Palkhi Sohala). During the teacher's talk, the values learned from Palkhi were discussed in detail, offering insights into the tradition's deeper meaning. The assembly provided a meaningful exploration of Palkhi, enriching students' appreciation of this cultural celebration and its impact on fostering community and tradition.

World Day Against Child Labour: Raising Awareness and Inspiring Change

On World Day Against Child Labour, grade V students gathered to reflect on the harsh realities faced by millions of children deprived of their childhood and education due to forced labour. The assembly featured a powerful skit performed by students, which vividly illustrated the struggles of child labourers. Additionally, we heard inspiring stories of real-life heroes who have fought against this grave injustice. A heartfelt speech underscored the critical role of education and ethical practices in eradicating child labour.

The event was a poignant reminder of our collective responsibility to address this issue.



Class Activities



Together, we pledged to support efforts aimed at ending child labour and ensuring that every child has the opportunity to learn, grow, and thrive. Through this observance, we strengthened our commitment to advocating for the rights and futures of children around the world.

Crafting Thank You Note For Our Community Helpers

As part of our ongoing efforts to foster gratitude and community awareness, our grade II students took part in writing heartfelt thank-you notes to individuals who play crucial roles in our community, such as army officers, police officers, healthcare workers, and teachers. This activity not only provided a meaningful way for students to express their appreciation but also helped them develop a range of valuable skills.

Writing thank-you notes encouraged students to articulate their thoughts and feelings clearly and respectfully. This practice enhanced their written communication abilities, focusing on clarity and sincerity. Through this exercise, students learned the importance of expressing gratitude and recognizing the efforts of others, fostering a culture of appreciation and kindness.

We are incredibly proud of how our students embraced this activity with enthusiasm and thoughtfulness. The thank-you notes they created were heartfelt and inspiring, reflecting their growing appreciation for those who serve our community.

Siksha Saptah: Celebrating India's Rich Cultural Diversity

India is called the land of diversity, as its vibrant tapestry is woven from a rich array of traditions, customs, languages, and beliefs. With 22 official languages, over 1,600 dialects, and more than 2,000 ethnic groups, India is a kaleidoscope of cultures. India's cultural diversity is a testament to its



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history of inclusivity and tolerance, where diverse influences have blended harmoniously, creating a fascinating mosaic that is quintessentially Indian. From the snow-capped Himalayas to the sun-kissed beaches of the south, each region boasts its unique heritage, reflected in its music, dance, art, literature, and cuisine.

Grade V students at Amanora reflected this diversity in their classes when they wore traditional dresses from across Indian states and spoke about the glory of each state. Students not only learnt about the culture and history about those states but also felt a sense of pride in being an Indian. This activity helped students to comprehend that diversity has shaped the country's identity and continues to inspire, wonder and awe in people around the world.

Layers of the Soil – Science Activity

Grade III students recently participated in an engaging Science Activity on the topic of Layers of the Soil. Through a hands-on approach, students explored the fascinating world beneath our feet, gaining a deeper understanding of soil composition.

The teacher prepared small containers filled with materials like sand, pebbles, clay, and organic matter, each representing a different soil layer. As students touched and examined these layers, they observed their physical characteristics and learned about the distinct properties and roles of each one.

This tactile experience allowed students to connect with the concept of soil formation and understand the importance of each layer in supporting plant growth. The activity also highlighted the significance of soil conservation, fostering an appreciation for this vital natural resource. By engaging their senses, students developed a clearer, more comprehensive understanding of the layers of soil and their critical functions.



Class Activities



Yardstick-Safety Everywhere

"Do your work with pride, put safety in every stride."

Safety is crucial in all environments to prevent accidents, injuries, and ensure overall well-being. Following safety rules is essential for preventing harm, promoting health and efficiency, ensuring legal compliance, protecting the environment, fostering social responsibility, enhancing emergency preparedness, and building trust within communities.

To instill this vital principle, we recently conducted a Yardstick activity titled "Safety Everywhere" for our grade II students. The purpose of this activity was to help students understand the importance of prioritizing safety at home, school, and on the road. By fostering a secure environment, we aim to minimize risks and promote a sense of well-being for everyone involved. The students were enthusiastic participants, enjoying the process of listing out safety rules to follow wherever they go to stay safe. This activity not only engaged the students but also educated them on the critical role of safety measures in everyday life.

Creative Slogan Writing for Water Conservation

Grade IV students recently engaged in a dynamic Slogan Writing Activity focused on promoting water conservation. This activity encouraged students to harness their creativity and raise awareness about the importance of conserving water.

With great enthusiasm, students crafted impactful and thought-provoking slogans that highlighted their understanding of the theme. To complement their slogans, they also created vibrant and colorful illustrations emphasizing water conservation.

Overall, the activity not only showcased the students' creativity but also demonstrated their awareness and



Class Activities



commitment to addressing this critical environmental issue. Their impressive slogans and drawings reflected a meaningful grasp of the topic and a dedication to making a positive impact.

Exploring Nouns: A Fun Naming Words Activity

Everything that we can touch, feel, see, and talk about is represented by a naming word. Naming words, or nouns, are names of a person, place, animal, or thing. They are a key aspect of every sentence in the English language, making it essential for children to understand this concept at an early age. Nouns help us identify and refer to objects, creatures, or concepts in our everyday communication.

To teach this important concept, an engaging activity was conducted for grade I students. Each student received a flashcard featuring a person, place, animal, or thing. They were then asked to stick their flashcard on the board divided into four sections: person, place, animal, and thing. Through this activity, students learned that everything around us has a name. The children thoroughly enjoyed the exercise and successfully categorized the different naming words, placing them in the correct sections on the board. This hands-on approach helped reinforce their understanding of nouns in a fun and interactive way.

English Pronoun Flower Activity

Grade III students took part in an engaging English activity centered around Pronoun Flowers. This interactive exercise involved creating two colorful paper flowers, each representing a different type of pronoun: personal and possessive.

By crafting these vibrant flowers, students visually distinguished between personal pronouns (such as "I" and "you") and possessive pronouns (such as "my" and "your"). The activity provided a hands-on approach to



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understanding how each type of pronoun functions within sentences, making grammar lessons more enjoyable and accessible.

The Pronoun Flower Activity successfully combined creativity with learning, offering grade III students a fun and memorable way to grasp the concept of pronouns and their usage in language.

Celebrating Pi Approximation Day

On 22nd July, we celebrated Pi Approximation Day, also known as Casual Pi Day, in honor of the mathematical constant π . The date, 22/7, represents an important approximation of Pi, offering a perfect opportunity to explore its significance in mathematics. To engage students from grades III to V, a series of videos and presentations were shared, highlighting the uses and values of Pi. Students learned about Pi's essential role in geometry, particularly in calculating the circumference and area of circles, transforming this abstract concept into something more concrete and understandable.

The celebration featured fun activities, including a memorable selfie session with "PIE," adding an interactive twist to the learning experience. This combination of multimedia resources and hands-on activities made the exploration of Pi both educational and enjoyable for the young learners, ensuring a deeper understanding of this fundamental mathematical concept in a creative and engaging way.

Waldorf Flowers – Multiplication Activity

Grade V students engaged in a creative and interactive activity by creating Waldorf Flowers to reinforce their understanding of multiplication and multiples. These flowers served as a unique visual tool for learning



Class Activities



multiplication tables, encouraging mental math rather than rote memorization.

At the center of each flower was a multiplication equation, with the inner petals displaying the numbers being multiplied and the outer petals showing the answers. This design provided students with the results but required them to mentally work through the multiplication before confirming their answers, fostering deeper cognitive engagement.

The activity not only reinforced multiplication concepts but also promoted critical thinking and problem-solving. Students thoroughly enjoyed the hands-on approach, making the learning process both fun and effective.

Math Lab Activities

Linking Cube Activity

Linking cubes are powerful educational tools that promote hands-on, visual, and interactive learning. To enhance grade III students' understanding of 4-digit addition, an engaging Math Lab Activity- Linking Cube Activity was conducted.

Students were guided to select any two 4-digit numbers, then represent them using linking cubes. By joining cubes of the same place value, they visually demonstrated the process of adding the numbers. This activity not only reinforced their grasp of place value but also provided a creative and tactile way to solve addition problems.

The use of linking cubes helped make abstract mathematical concepts more concrete, fostering a deeper understanding of 4-digit addition among the learners.



Class Activities



Profit and Loss

Grade V students participated in an interactive Math Lab Activity designed to reinforce the concepts of profit and loss. The class was divided into three groups: wholesalers, retailers, and customers, each playing a key role in the simulated marketplace.

Students set up mock wholesale and retail shops, displaying various goods such as toys and stationery, complete with price tags. Using mock currency, the "customers" purchased items from the "retailers." The students then calculated profit and loss by comparing the prices at which goods were sold by the retailers and bought from the wholesalers.

This hands-on activity not only made learning about profit and loss more engaging but also helped students understand real-world applications of these concepts in a fun and practical way.

Club Activities

Food and Nutrition Club: A Taste of Creativity

Students from the Food and Nutrition Club, grade III and IV, recently enjoyed a hands-on Mexican salad-making activity. This engaging session allowed them to explore their creativity by mixing fresh ingredients like lettuce, cherry tomatoes, corn, black beans, red bell peppers, avocado, and onions to create their own unique salads.

The excitement was palpable as the students served their creations to teachers and friends, showcasing their culinary skills. This activity was more than just preparing a meal; it was an opportunity to learn about nutrition, experiment with flavors, and enjoy the art of cooking.



Class Activities



Through this interactive experience, students gained valuable cooking skills and insights into healthy eating, discovering how different ingredients can come together to make delicious and nutritious dishes.

Brain Teaser Club

Brain teasers are exercises designed to challenge the mind, encouraging creative problem-solving and innovative thinking. This year, Amanora School introduced the Brain Teaser Club for grade I and II, where students engage in activities aimed at stimulating their cognitive abilities and enhancing their critical thinking skills. These fun yet challenging exercises are crafted to capture students' attention and provide a refreshing break from traditional learning methods.

The club helps sharpen thinking processes, improve memory and concentration, and foster creativity among young learners. Through various brain-storming activities, students not only enjoy their participation but also develop essential skills that support their overall intellectual growth.

Junior Scientist Club

The Junior Scientist Club for grade III and IV embarked on an exciting journey, beginning with an introduction to various scientific tools and instruments. Students explored the groundbreaking inventions of renowned scientists, gaining insight into their remarkable contributions. They were thrilled to visit the lab, where they conducted the engaging orange density experiment, and delighted in learning about the scientific tools first-hand. The entire experience was filled with fun, discovery, and hands-on experiences that deepened their interest in science.

They also participated in an engaging activity, where they have explored the contributions of famous scientists through a combination of videos, PowerPoint



Class Activities



presentations, and worksheets. They learned about famous scientists like Thomas Edison, Marie Curie, Alexander Graham Bell, and Albert Einstein. The videos and presentations provided engaging and informative content, while worksheets helped reinforce their understanding.

Students demonstrated their knowledge through a variety of worksheet activities, showing strong comprehension and creative thinking. This multimedia approach proved effective in making the learning process enjoyable and educational.

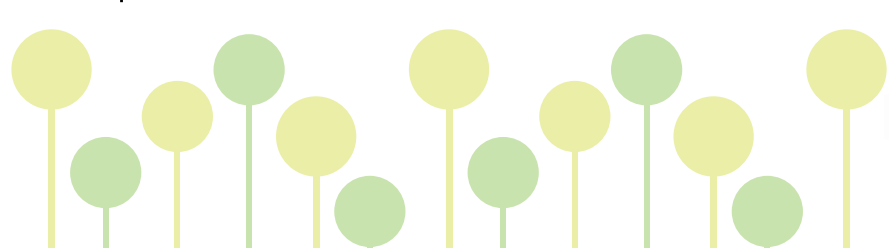
Art & Craft Activity - Paper Cup Owl

Art and craft activities foster a sense of achievement and pride in children, boosting their self-confidence. Grade V students recently engaged in a delightful and creative Owl Craft Activity. They used paper cups, paints, and their artistic skills to design charming owl figures, which they proudly displayed in their classroom.

The activity was complemented by a discussion about interesting facts regarding owls, bringing to light a thoughtful rhyme:

“A wise old owl sat on an oak;
The more he saw, the less he spoke;
The less he spoke, the more he heard;
Why aren't we like that wise old bird?”

These creative experiences were designed to enrich their academic learning, allowing students to showcase their creativity and ingenuity. The owl crafts and related discussions provided a meaningful blend of artistic expression and educational enrichment.



Events



Celebrating Leadership and Academic Excellence

On 13th July, 2024, our school celebrated the Investiture Ceremony and the Felicitation Ceremony for Grades XII, X, and the ASE Awards for grades VI to IX. The event, attended by Dr. Angela Murze of

Rockspace Technology and Mr. J. K. Bhosle of City Corporation Limited, began with a warm welcome, followed by the school anthem and lamp lighting.

The Chief Guest along with Director-Principal administered the badges to the student leaders, symbolizing their new roles and responsibilities. Arav Rao was appointed as the Senior School Captain, with Mohammed Zaidul Haq as the Senior School Vice-Captain. Zahra Bandokwala and Smit Lodha took on the roles of Junior School Captain and Vice-Captain, respectively. In total, 36 school cabinet members were handed over responsibilities, each representing various portfolios.

The ceremony also honored the academic achievements of grade X and XII students, followed by awards for excellence in grades VI to IX. The event concluded with motivational speeches from the esteemed guests, leaving a lasting impression on the entire school community.

The investiture ceremony, felicitation ceremony, and ASE award ceremony were unforgettable events, celebrating leadership and academic excellence while inspiring the entire school community. These occasions highlighted the hard work and dedication of our students, teachers, and parents, setting a high standard for future academic achievements.



Students Speak



Sustainable Optimism means being hopeful and taking steps to help the environment. At our school, we learn about how to save energy, reduce waste, and use renewable resources. We also join Eco-Clubs to work on fun projects like recycling and growing plants.

We do our part by recycling at home and school, using less paper, and bringing reusable bags and bottles. We even helped with the Mango Trees project for Mission Green Mumbai, where we collected mango seeds to support farmers and plant more trees.

By practicing Sustainable Optimism, we can make a big difference. It helps us become responsible and caring about our planet. Every small action we take can add up to a healthier and happier world. Let's keep working together and inspire others to do the same!

**- Aaryan Bharadiya,
Grade - IV 'B'**



Parent Speak

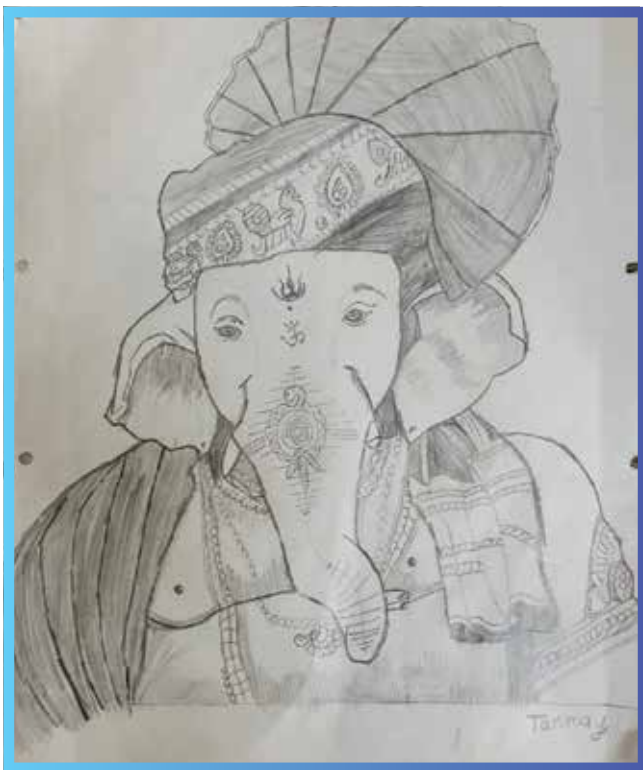


'Do you know what it means to be a sustainable optimist? It means being a superhero for the Earth! It's about believing that we can make a difference and create a better world for ourselves and for all the animals. Even when things seem tough, we can find ways to make it better. We can start by taking small steps just like how you take care of your toys and books like turning the lights off, planting trees, being kind to one another, turn the old into something new, get children to buy an old object and upgrade them into a new creation, be energy efficient like shutdown computer at end of a day. For an environmentally friendly classroom make sure they are well insulated and use sustainable material. Every small action we take can add up to make a BIG difference ! So, let's be sustainable optimists and work together to create a bright and happy future for our planet and to make the world a better place, one small step at a time. So, let's be sustainable optimists and work together. We can do it!

**- Mr. Avnish Mehra,
Parent to Vivaan Mehra - Grade IV 'B'**



Students Art Work



Avyukta Salunke, Grade - III 'F'



Tanmay Tamgire, Grade - III 'A'

Upcoming Events

- Independence Day Celebration
- Tirangaa

