



Cir/37/2024-25

Date: 10th January, 2025

Dear Parents,

Wishing you and your family a Happy New Year filled with health, happiness, and prosperity!

We trust this message reaches you in good health and spirits. Recently, there has been growing attention within the community regarding human metapneumovirus (HMPV). As HMPV is a common respiratory virus, we aim to provide clear information and reassurance to address any potential concerns.

About HMPV

- HMPV typically causes mild respiratory symptoms, similar to a cold or flu.
- It is most commonly seen in young children, older adults, or individuals with underlying health conditions.
- Symptoms may include cough, fever, nasal congestion, and, in rare cases, shortness of breath.

Preventive Measures at School

At Amanora School, we prioritize the health and safety of all students and staff. Proactive measures we are taking include:

- Regular cleaning and disinfection of classrooms and common areas.
- Encouraging proper hand hygiene among students and staff.
- Monitoring children for any symptoms of illness, notifying parents if necessary, and isolating affected individuals in the infirmary.

What You Can Do

To help maintain a safe environment, we kindly request your cooperation in:

- Keeping your child at home if they are unwell or show symptoms such as fever, cough, or difficulty breathing.
- Encouraging frequent handwashing with soap and water for at least 20 seconds.
- Teaching children to cover their mouth and nose with their elbow or a tissue when coughing or sneezing.

No Need to Panic

Please rest assured that HMPV, like many respiratory viruses, can be effectively managed with basic hygiene practices and timely medical attention if required. We are closely monitoring the situation and will keep you informed of any updates or new guidelines.

Thank you for your support and understanding. Together, we can ensure a healthy and safe environment for our children.

Warm regards,

V. K. Koparde
Mr. Vinayak Koparde
Admin Head
Amanora School

